



#### Alachua County:

- Alachua County Nutrition Alliance works with community partners including the Florida Organic Growers to encourage use of vacant lands for gardens.
- The County promotes a “Buy Local” campaign including healthy food retailers. More information is available online at <http://www.buylocalncf.org>.
- The County also locates farmers’ markets near public transit. The County Senior Center is now located near the US 441 Farmers’ Market, and there is prioritized public transportation to this area, including Saturday morning markets.
- The County provided funding to the Florida Organic Growers for a Supplemental Nutrition Assistance Program (SNAP) incentive at two Farmers’ Markets. This program, called “Fresh Access Bucks” provides double the value of SNAP Electronic Benefits Transfer (SNAP/EBT) benefits to customers at the Alachua County Farmers’ Market.

#### City of Arcadia:

- A Walkability Audit was completed in 2009 that outlined ways that the City of Arcadia could improve and adjust transportation elements and land uses to provide recreation, open space, commerce, parking, retail sales and overall connectivity and health. Some of the “low-hanging fruit” that was outlined in the report included implementation of “walking school bus” program in elementary schools and creation of a bicycle and pedestrian master plan. The City of Arcadia Bicycle and Pedestrian Master Plan was created in August 2012, and outlines best practices, existing conditions and priorities for improvement.
- DART (the City’s public transportation system) is constantly looking at expanding routes. Many buses have routes through healthy food sources such as farmer’s food stands and fruit/vegetable markets. Additionally, produce cart vending is permitted within the city and many vendors accept SNAP/EBT payments.

#### Broward County:

- Broward County is committed to creating more bike lanes on new roadway projects and modifying existing roadway lane configurations to add bike lanes. Since 1986, Broward County and the Florida Department of Transportation (FDOT) have required that bicycle facilities be developed within their respective right-of-ways. This has resulted in over 225 miles of bicycle facilities throughout our jurisdiction.
- Broward B-Cycle, the first countywide bike-sharing system has 275 bikes at 27 station locations in six cities. Bikes are equipped with computers to track mileage and calories burned. Users who purchase day passes or annual



memberships can check out and return bikes at any station. Bike-sharing offers users an alternative form of public transportation that is good for their health, environmentally friendly and affordable.

- Broward County's Community Partnerships Division has been actively involved in the Transforming Our Community's Health (TOUCH) Grant, a federally funded project comprised of more than 30 community organizations and coalitions focused on supporting public health efforts to reduce chronic diseases, promote healthier lifestyles, reduce health disparities, and control health care spending. Strategies include: increasing opportunities for physical activity, promoting access to healthy foods through urban farms, community gardens and farmers' markets, and developing safer streets for all users, including those who walk, use wheelchairs, bike, drive and use public transportation.

#### Citrus County:

- Citrus County constructs all new roads with bike paths and has a network of sidewalks where walking is safe and appropriate.
- The County has an active *Rails to Trails* program which paves old railroad beds for walking, skating and bicycling. The *Rails to Trails* of the Withlacoochee, Inc. is a citizen-supported non-profit that supports the upkeep of a 46 mile trail in Citrus and Pasco Counties.

#### City of Clearwater:

- The city's sustainability plan "Clearwater Greenprint" advocates for mixed-use and compact development patterns that promote walkability and bicycle commuting and link people with jobs and services and reduce the need for car travel.
- Some of the city's bike and walking trails lead to produce stands, supermarkets or farmers' markets. The Wednesday Farmer's Market that occurs downtown is located right near the bus station, making it convenient and accessible for those using public transit.

#### City of Doral:

- The City of Doral adopted a Bikeway Network Plan in 2007. The bikeway network plan consists of on-street and shared use off-street bike paths that provide connectivity to residential neighborhoods, schools, parks, shopping areas and other community facilities.
- The City of Doral Trolley was launched on February 1, 2008. The main goals of the Doral Trolley are to: provide public transportation to residents, improve mobility within and outside of the City, decrease the need for



specialized transportation services by the County, and connect with the existing Miami-Dade Transit (MDT) services. With the growing demand of the Trolley the City has recently completed the installation and construction of 22 bus shelters and another 9 bus bench pads.

- The City of Doral created Get Fit Doral, which is a city wide health & wellness initiative aimed at creating awareness of health related issues that affect the community. As part of this initiative, different programs and events are held through the year including a free 10-week Wellness Challenge, a city 5K run/walk, and various physical activity programs offered at an affordable cost to residents.
- A City ordinance was created in 2012 requiring food and beverages sold in City vending machines and at City owned concessions to meet specific nutritional requirements. Within the vending machines, there are “Fit Pick” choices that meet the 35-10-35 nutrition standards (less than 35% fat, less than 10% saturated fats and less than 35% of total weight from sugar).

#### Flagler County:

- Flagler County’s Lehigh Trail is a popular pedestrian/bike trail. Work on creating the *Rails to Trails* path began in the 1990’s. The first segment opened in 2008 and was complete in 2010. A trailhead with parking and bathrooms was added in 2013. Flagler County used grants, worked with several state agencies and other funding sources to create the path. The 6.7 mile path is part of a system that connects all five communities in Flagler County and more than 125 miles of county and city pedestrian/bike paths.
- Flagler County has a very active Master Gardening program, and the Flagler County Extension Service works with the schools and other organizations to establish community gardens.

#### City of Fort Myers:

- The City encourages the efforts of farmer markets and has a weekly farmer’s market in the downtown area accessible through different modes of transportation and in close proximity of low income areas.
- The City has helped promote a pilot project with an urban farm managed by a non-profit organization in an area considered an urban food desert. The project is located on city property and is accessible by nearby neighborhoods.
- The City is one of the biggest sponsors of the *Streets Alive Lee*, the signature event of the Healthy Lee Coalition and participates actively in its organization. The project incorporates fun, fitness, and food to promote healthier lifestyles by temporarily closing streets to motor vehicles and opening them for people to have fun and get active. For more information: <http://www.streetsalivelee.org/>



#### City of Hollywood:

- The City has embarked on a Bikeways Master Plan and has recently received several Complete Street grants which will be incorporating median islands, larger walkways and more pedestrian and bike friendly walkways in several projects throughout the City. Part of this design will include 5-foot wide bike lanes with a buffer zone.
- The City of Hollywood maintains over 6.5 miles of walking trails. As part of the City's commitment to continually improve resident's lives, the City initiated the *Get Walking* program. This program provides free pedometers at several locations around the City, as well as an online map of each location with the distance and tips on safe and efficient walking.
- The City is committed to providing a healthy environment for its residents as well as its employees through resources like walking programs, senior programs, exercise equipment at parks (lifecycle exercise stations) and weight/workout rooms at community centers. The City also provides classes geared towards seniors in the community. These classes promote activity and allow residents to socialize. The City has also partnered with Barry University to begin a walking and wellness program at our McNicol Community Center which welcomes both residents and employees. As part of this commitment to promoting a healthy lifestyle the City also recently started offering an employee wellness program at one of our community centers.
- The City provided a vacant lot to the Highland Gardens community for its community garden. The temporary garden sits on land that is set aside for future development activity. The community garden has received wide support from the community, as testified to during a recent City Commission meeting.
- Another program the City has is through the Kay Gaither Community Center. This program allows neighborhood children to actively participate in growing fresh produce and provides a fun and hands-on way to learn science. The community center is providing funding for this program through the Children's Services Council.

#### City of Inverness:

- The City holds bi-weekly farmers' markets in the center of town.
- The City maintains a system of parks and bicycle trails and has installed traffic calming and flashing signals to alert drivers to the presence of pedestrians and bicyclists.

#### City of Lakeland:

- Lakeland's comprehensive plan, land development regulations, road maintenance protocol and parks master plan all contain policies, requirements and design elements to build in, incorporate and connect a variety of bicycle-pedestrian pathways. The Pathways Plan is a blueprint for the build-out of network of trails, bike paths,



and sidewalks throughout the City that connect to destinations such as parks, schools, neighborhoods and commercial centers.

- The City's bicycle network consists of a comprehensive system that is connected to facilities in the surrounding metro area.
- In May 2013, the City adopted a Healthy Communities component into the comprehensive plan future land use element. This component addresses the need to consider the health of residents when planning for new development and redevelopment.
- The updated Land Development Code requires additional open and civic spaces as well as pedestrian-oriented development that will encourage walking.
- Vending machines at City parks and recreation facilities provide a variety of healthier alternatives to regular soft drinks, candy, and chips. Most vending machines contain water, diet soft drinks, juices, electrolyte drinks, protein and energy bars, nuts, and low fat/calorie snacks as alternatives.

#### City of Largo:

- The City installs oversized sidewalks to promote walking, and has constructed two fitness zones along trails. It also has an aggressive street tree planting program to provide shaded walking areas.
- All city facilities offer healthy food and beverage options at parks and recreation centers.
- The City sponsors *Playing Unplugged* Regional Event in Largo Central Park. This event is geared toward children and families. There are over 10 play spaces to explore, build and create including Archery, Active Play, and a Toddler/Infant Zone. The event is free to the general public.

#### Lee County:

- Lee County has adopted a Complete Streets resolution that directs the county manager and staff to integrate bicycling, walking, and public transit. The resolution is available at <http://www.smartgrowthamerica.org/documents/cs/policy/cs-fl-leecounty-resolution.pdf>. The Complete Streets implementation process includes staff and stakeholder review of projects to identify needs and recommend improvements. Active stakeholders include sustainability and bicycle and pedestrian advisory committees, Healthy Lee (a coalition of health providers and local government) BikeWalkLee (a coalition of advocates and local businesses), and nine county departments.
- The "Greenways Multi-Purpose Recreational Trails Master Plan" provides a framework for the implementation of a comprehensive greenway system. The mission is to develop a countywide plan for an integrated system of



urban and rural multi-use trails, greenways and blueways for recreation and alternative transportation use connecting to a regional system.

- Lee County has made community gardening possible for residents through the Lee County Land Development code which allows for produce stands, U-pick operations, and community gardens. Community gardens include neighborhood gardens, school gardens, market gardens, and donation gardens. Provisions for seasonal farmers' markets are also allowed under code.

#### Madison County:

- Madison County has many opportunities for outdoor physical activity. The Four Freedoms Trail is a 12 mile recreational trail. People can enjoy walking, biking, and horseback riding along the paved trail, which provides covered rest areas along the way. Madison County also has two different canoe trails where people can access canoeing on the Aucilla and Withlacoochee Rivers and hike.

#### Manatee County:

- In 2012, Manatee County government, in partnership with the Department of Health in Manatee County (DOH – Manatee), was awarded an American Public Health Association grant for the implementation of a county-wide Complete Streets Policy to increase physical activity and decrease pedestrian injury.
- In 2013, Manatee County Board of County Commissioners adopted the proposed “Complete Streets” goals, objectives and policies in the Comprehensive Plan in April 2013. The city of Palmetto, a Manatee County municipality, adopted a similar ordinance later the same year.
- In 2013, Manatee County formed a coalition of stakeholders to create a joint use agreement between the Manatee County School District and Manatee County government, allowing select school playgrounds to open to the community on holidays and weekends. By opening school playgrounds, Manatee County utilizes existing resources to increase safe green space for play, promoting physical activity to residents, at a relatively low cost to the county and school district. The targeted schools were based on unavailability of existing safe green space in neighborhoods, as well as school principal buy-in. The list of participating schools is expanding.
- Recognizing breastfeeding as an important health determinant for chronic disease in both mother and child, Manatee County partnered with the Department of Health in Manatee County to develop a breastfeeding-support policy for government employees. The policy provides a designated lactation room, a designated refrigerator for milk storage, and break time as needed to express milk.



#### Marion County:

- The Marion County Board of County Commissioners hosts a Farmers' Market every Friday to provide a location for the selling of produce, vegetables, and other whole foods.
- The Marion County Board of County Commissioners works with other departments to provide convenient public transportation for all residents in Marion County.
- The Marion County Board of County Commissioners was awarded with the American Heart Association's Fit-Friendly Workplace award, because the County implemented a number of policies and procedures that support the improvement of the overall health of their employees and their families.

#### Miami-Dade County:

- Miami-Dade participates in the Consortium for a Healthier Miami-Dade. Through this consortium, the county brings together representatives from all parts of the community to promote physical activity through active design relating to walkability, safety, building codes, zoning, diversity of recreational activity, accessibility, infrastructure, housing, schools, bicycles, transit and mixed use zoning.
- Members of the County Commission are working with the West Kendall Baptist Hospital to lead a new initiative called Healthy West Kendall aimed at improving the health and well-being of those who live, work and play there.

#### City of Monticello:

- Within the commercial district, the number of drive-through restaurants is limited by law. This results in a safer pedestrian environment and encourages healthier eating you habits.
- The City provides a community garden that is irrigated and can be used by citizens free of charge.
- The City maintains the Monticello Bike Trail and requires bike rack facilities throughout town.

#### City of Newberry:

- The City requires properties to be set aside at all new facilities for carpooling and bus locations for future public transportation.
- The *Newberry Main Street Organization* provides incentives to food retailers through reduced fees and the provision of work/sales space, encouraging participation in local events and farmers' markets that make affordable foods available to those in need.



#### City of New Smyrna Beach:

- City of New Smyrna Beach created and implemented Florida's First Mayor's Fitness Challenge. A local coalition including students, health systems, fitness centers, and other community businesses, was formed to support the challenge. This Mayor's Fitness Challenge has been packaged and offered to surrounding cities and has grown into a 1000 participants strong just in Volusia County alone.

#### City of Orlando:

- As part of its employee wellness program, the City of Orlando provides a 7,000 square foot Wellness Center as well as a City Wellness Coordinator. Services are free to City employees and retirees. Employees and spouses have access to 11 Community Center fitness rooms and swimming pools. The City has received the prestigious Fitness Management Magazine Nova 7 Award for excellence in health and wellness. Over 20 group exercise fitness classes are provided to address weight management along with cooking demonstrations.
- Under guidance of the City Wellness Coordinator, the City has introduced "fit pick" in the employee/public vending machines and healthy choices at a café situated at City Hall.
- The City's Family, Parks, and Recreation Department and the Wellness Program have partnered with Hebni Nutrition Consultants to teach healthy cooking to City employees and youth who participate in the City's afterschool programs.
- In 2010, only 3.8% of Orlando's population lived within ½ mile of transit. The City's Growth Management and Greenworks Plans include specific goals to address and improve access to active transportation. The City is also working with LYNX, Orange County's Transit System, to identify service efficiencies, inefficiencies and opportunities for improvement to update origin and destination patterns of existing riders and address changes needed to reflect user demographics and travel behavior.

#### City of Ormond Beach:

- The City has adopted a multi-modal transportation strategy that has established level of service standards for sidewalks, trails, and bus service. Developers pay a multi-modal fee instead of a road impact fee to support alternative transportation modes to the automobile. The fees go toward adding sidewalks that prevent barriers to transit stops and major destinations, additional bus shelters, and improving the frequency of bus service.
- In 2013, the first Mayor's Health and Fitness Challenge launched-a 12-week program open to residents and workers and includes: before and after biometrics; 3-months of YMCA access; free and reduced rate classes at local fitness centers; special menu items at local restaurants; free meal preparation sessions with recipes and





coaching. City employees receive free gym access through our insurance program and an employee wellness day is held annually.

- The City Manager hosts a monthly “Walk with the Manager” where residents join the Manager on a two-mile walk in different areas of the City. Residents have free City-run gyms and weight rooms.
- At City-sponsored events, the city employs food and beverage vendors who offer varied healthy options.

#### City of Oviedo:

- The City requires bicycle facilities on all new residential and commercial constructions.
- The City actively advocates for and supports increasing opportunities to bike and walk. This includes an interconnected multi-modal network of boulevards, parkways, and on-road and off-road sidewalks, bikeways and trails designed to provide recreation and exercise opportunities for walkers, skaters and cyclists. The City maintains a list of projects which are designed to fill gaps and create new connections.
- The City regularly provides information about public transportation through several modes and coordinates with the local commuter services provider to facilitate carpooling, vanpooling, and Emergency Ride Home Program.

#### Palm Beach County:

- An extensive system of walking, hiking, cycling, and paddling trails is maintained throughout the County and linkages are provided to trails of state, regional, and local partners. The park system trails are enhanced with landscaping to create shade, benches, water fountains, bike racks and restrooms to enrich user experience and encourage exercise and healthy living.
- The County maintains a Pathway Program which identifies and funds projects to fill in missing gaps in the sidewalk system and build new ones in needed areas.
- The County provides economic development incentives that target areas which historically have been underserved by retailers of healthy foods. Gap financing for eligible businesses such as supermarkets and grocery stores is available through the County’s Department of Economic Sustainability.
- Green Markets established by Cooperative Extension are located in high need areas, and assistance is provided to those who wish to become SNAP and WIC vendors.
- Recently, the County partnered with the Treasure Coast Regional Planning Council, and the City of Riviera Beach to develop a public market on Broadway adjacent to the City marina. The County is also providing funding for a full time SNAP navigator position employed by the Palm Beach County Food Bank.



#### City of Panama City:

- The City of Panama City has started a Wellness Program for City employees. The program provided an annual Health Screening in March 2014 in which over 60% employees participated. The city also has two Walking Programs a year and provides lunch & learns to educate employees about healthy lifestyles. The Wellness Program has already proven successful as insurance claims for employees have dropped since its inception.
- The City of Panama City has approved a progressive set of zoning regulations for the downtown area to encourage a mix of uses which promotes walking to destinations.

#### Town of Pomona Park:

- The Town's new Comprehensive Plan approved in January 2014 has a Mixed Use housing category. Mixed Use allows people to live, work, and shop in the same geographic area, reducing the need to travel by car.
- The Town of Pomona Park rallied together in 2011 after losing the local YMCA. Many did not want to lose the opportunities for fitness and community improvement. The result was the creation of the Putnam Family Fitness Center (PFFC)—a non-profit health oriented organization. A Pomona Park family donated 3 buildings and land in December 2012. The facility required renovations and the community came forward volunteering hours of labor and supplies.

#### City of Parkland:

- The City of Parkland has a very active and visible Park Ranger program to help citizens feel safe while enjoying physical activity in the parks throughout the day and evening hours.
- The City of Parkland has been recognized as a Playful City USA for the past 7 years due to the City's commitment to physical activity and play.
- The City of Parkland provides a rent free building to the Parkland YMCA and worked with the Parkland YMCA to create a very successful community garden which is maintained by the community and local schools.

#### City of Pinellas Park:

- Realizing the need to provide safe access for all users within the City, the implementation of sidewalk improvements was identified as a community priority. As a result, the City developed a comprehensive multi-year, multi-phase sidewalk implementation program to address deteriorating sidewalks, lack of sidewalks in high traffic areas and inadequate handicap ramps. Five phases of the program are complete. Continuous sidewalks



with handicap ramps have been remodeled or constructed and now connect neighborhoods to the core business district, local schools, and to the City parks and recreation facilities. Bicyclists are free to utilize City sidewalks in areas without designated bike lanes.

- The City coordinates with Pinellas Suncoast Transit Authority to identify and install bus shelters within reasonable walking distance from most residential areas. They are currently working on a new station area plan that will address commuter needs going to and from Tampa (Hillsborough County).
- Pinellas Park agreed to provide and maintain a 10-acre parcel of land for the Wounded Warrior Abilities Ranch (WWAR). WWAR will host recreation events annually including, cycling events, kayak outings, jet skiing events, workout clinics, wheel-chair basketball and fishing trips. This program provides opportunities for disabled veterans to retreat from the stress and burdens of everyday life. It also provides a fully-accessible recreational environment for veterans and their caregivers/families following a life-altering injury.
- The Community Garden was initiated in 2008 and offers raised garden boxes to residents at a minimal charge of \$15 per six month growing season to facilitate the availability of fresh produce to our residents. The Garden is open to both residents and non-residents and produce is retained by the individual gardeners.
- The Pinellas Park Senior Center hosts health fairs that encourage healthy nutrition and exercise and provide information resources and referrals on a variety of health-related topics. Private and non-profit organizations are invited to participate in the fairs, and healthy meals and snacks are offered to participants during the fair.

#### Polk County:

- In order to encourage safety for all users, Polk County adopted Complete Streets guidelines into its Comprehensive Plan and is developing land development regulations to support these guiding policies. In addition, the County coordinated with its 17 incorporated municipalities to commit to a complete streets approach to new development. This was accomplished by way of a resolution signed by all 17 incorporated municipalities.
- Recently adopted land development regulations created Transit Supportive Development Areas (TSDA). The TSDA policies have active transportation (walking, biking, and transit) policies for both ¼ mile and ½ mile distances.
- Polk County adopted a Healthy Community Initiative within the Comprehensive Plan in 2010 which recognized how community design impacts the public health, quality of life, and the sustainability of its cities, towns, suburbs, and countryside.



- The County developed a community recognition program (The Livable Polk Awards) to recognize private and public sector development for consistency with healthy community design principles. The intent is to encourage, recognize, and reward development practices that support healthy community design and increase physical activity, social interaction, air quality, water quality, access to fresh fruits and vegetables, public safety, and multimodal accessibility.

#### Town of Ponce Inlet:

- The Town maintains a network of sidewalks along the major roads and in many residential streets and requires a Complete Streets approach to all new and redeveloped roads. In addition, the Atlantic Ocean beaches within town limits is part of the designated “World’s Most Famous Beach” Walking trail. Finally, the many of the Town’s parks feature networks of hiking/walking trails and walkways through natural dune systems, wetlands, and forest.
- The Town is currently considering amendments to its development requirements to allow vegetable gardens in front yards and to allow fruit trees to count toward meeting minimum landscaping requirements.
- The Town and a local health club cosponsored a month long event called *Shape Up Ponce Inlet* in November 2013. Each Saturday, participants met at a different town park and participated in each of three activities: Zumba, Boot Camp and Yoga.

#### City of Punta Gorda:

- The City has the Punta Gorda Pathways, a system of 9 miles of multi-use recreational trails, which accommodate higher volumes of bicycle and pedestrian traffic linking the City’s major neighborhoods together. The Punta Gorda Pathways system serves as the arterial system for a sidewalk network of over 53 miles connecting most residential areas to commercial areas, employment centers and other points of interest.
- The City’s Alternative Transportation Plan identifies gaps in the system and the Complete Streets Working Group which is composed of city staff from various departments evaluates existing capital improvement projects to identify opportunities to fill the gaps in the system. The Alternative Transportation Plan is also used as a guide for City Staff to recommend additional capital improvement projects to complete the system and enhance the walkability of the entire City.
- The Downtown Farmers market held every Saturday is within walking or bicycling distance of the Trabue Woods and Eastside neighborhoods which have been identified as having lower access to fresh foods.
- The City of Punta Gorda currently hosts two farmers markets on a weekly basis year-round.



- The City, in partnership with TEAM Punta Gorda, hosts a community garden on the grounds of the City’s Public Safety Building. TEAM Punta Gorda was also instrumental in the development of a community garden at the South County Regional Park, a County Facility immediately adjacent to the city and utilized by many City residents. For more information on TEAM Punta Gorda, go to: <http://www.teampuntagorda.org/>.

Putnam County:

- The County utilizes a coalition of groups to inform the Commission and Planning Board on gaps and maintenance needs that address walkability and accessibility. This is a unique, citizen-based approach to enhance opportunities to walk, bike, and use surface water for recreation.

Sarasota County:

- As part of the development review process, transit is incorporated into all new developments. Developers contribute via agreements and/or public-private partnerships to enhance transit accessibility and amenities such as bus shelters, benches, etc. In addition, multi-modal transportations projects such as biking, walking, and riding are all encouraged and actively pursued through various means including working closely with the Metropolitan Planning Association, Florida Department of Transportation, and the Federal Transit Administration.
- Through UF/IFAS Extension, Sarasota County administers a Community Garden program that coordinates public administration and support for community gardens. The Extension Service administers garden plot assignments and renewals, and provides all relevant record-keeping, training, and technical assistance for gardens located on public property. Additionally, multiple community gardens are located in county-owned parks.
- The Florida Department of Health in Sarasota County and the Healthy Start Coalition of Sarasota County have partnered to promote breastfeeding as part of a larger workplace wellness initiative. Businesses receive materials and guidance in adopting policies and adapting their organization’s environments to support breastfeeding.
- Healthy Sarasota County (HSC) is a multi-sector community initiative addressing increased intake of fruits and vegetables and increasing physical activity as part of a daily lifestyle. The initiative includes four settings: Schools, Childcare, Clinics, and Workplaces.



St. Johns County:

- St. Johns County partners with organizations such as the Sunshine Bus Company, the Council on Aging, and Arc to provide residents of all ages and abilities with a variety of public transportation options, typically situated within reasonable walking distance from most residential communities.
- In recent years, public transportation providers within St. Johns County have expanded route coverage to offer residents increased access to major and local food retailers. In addition, farmers' markets around the County are located within walking distance to bus stops and offer bicycle parking, making these venues highly accessible and affordable to reach.
- When provided, snack options at St. Johns County sponsored events include whole wheat bagels, fresh fruits and vegetables, low calorie cheeses, bottled water, and fruit juices. The County partners with and supports locally based food vendors for event meals that include healthy breakfast and lunch options.

City of St. Petersburg:

- The City of St. Petersburg has 35 miles of trail facilities that allow for recreational use as well as for use as non-motorized transportation corridors. The City has reduced its time for repair of sidewalks and trails from 30 months to 1 month.
- The Parks and Recreation Department is party to a variety of cooperative agreements with various organizations throughout the city to expand opportunities for physical activity. One of the most extensive and ongoing agreements is with Pinellas County School Board which details a joint use agreement for mutual use of facilities as well as a variety of land use agreements involving construction of playgrounds and sports facilities on land owned by either party and made available for both school and public use. In addition, there are agreements with 24 different youth sports organizations involving field use and concession and storage facilities. Some of the more unique recent agreements involve the City's purchase and installation of playground equipment on church property, with such equipment also being made available for public use.
- The City of St. Petersburg is home to two community farmers markets. One of these markets accepts SNAP/EBT benefits, and on several occasions implemented a bonus program that allowed SNAP/EBT program participants to stretch their benefit dollars. For every \$10 spent in SNAP benefits, a program recipient received \$20 in healthy foods such as fruits, vegetables, and seeds.



#### City of Winter Haven:

- The City of Winter Haven requires that all new developments include 5 foot sidewalks on both sides of all roadways. Additionally, when new park projects, park redevelopment project, trails or community facilities are planned and constructed, facilities such as trails and sidewalks are included to ensure ADA, pedestrian, transit and bike connectivity.
- Over the past 10 years, the City has developed a system of over 10 miles of trails and connections. The system includes a mixture of facilities including a 3.6 mile regional trail connection, loop trails within parks, sidewalk connections and bike lanes. These facilities link downtown to neighboring jurisdictions, schools, neighborhoods, employment centers and activity centers. The City has an active program to continually pursue grants and develop projects that fill connection gaps in the system both for local and regional connections.
- The City has worked with youth and senior centers to establish container gardens. Additionally, the American Planning Association hosts a grant for local community groups to establish community gardens. The City promotes this grant through weekly and local publications.
- The City participates in the “Fellowship Dining” Program which provides free or low cost nutritious lunches to participants of the senior center each day. During summer camp, all campers who qualify receive a free nutritious lunch.
- The City also sponsors several fitness related events such as 5-K races, *Fitness by the Fountain*, and a kayak program. *Fitness by the Fountain* takes place twice a month on Saturday mornings and consists of a free workout hosted by a local gym on City property. These take place in Central Park Downtown in conjunction with the farmers markets. The City also owns a fleet of 12 kayaks. The Natural Resources Division hosts tours and eco tours of local lakes and rivers. The kayaks are also part of the summer camp program. The kayak trips/usage is open to any group in the community at little or no costs.

#### City of Winter Park:

- A Complete Streets resolution was passed by the City Commission in May 2011. Sidewalks are required per code for new construction. Sidewalks, if needed, are always considered with redevelopment projects. All local city streets are available for cycling with bike lanes or bike routes.
- The City Parks Department maintains fitness trails, and has produced fitness and walking trails brochures for parks with fitness trails. They also created a brochure that highlights various downtown walking routes.



- A bicycle valet program is in place for all special events. This encourages attendees to ride their bicycles to city events and it gives them a place to check in their bikes while visiting the event and all of the shops and restaurants downtown.
- Winter Park is proud to manage and operate a Saturday Farmers Market that has been designated Central Florida's Best for the last 11 years. The community garden located in Mead Botanical Garden was developed as a teaching classroom garden to promote the establishment of neighborhood community gardens throughout the city.
- The city has partnered with a local health foundation in a city-wide educational program about healthy eating. Large, custom, fiberglass vegetables such as carrots are fitted around the bases of trees in our parks. Nearby signage reminds residents to eat vegetables. These large "vegetables" are highly visible and eye catching. Large strawberries and pineapples have recently been added throughout the city in parks to remind residents to eat fresh fruit.

West Kendall, Sponsored by Miami-Dade County Commissioner Juan Zapata:

- West Kendall Baptist Hospital partnered with West Kendall District Commissioner, Juan C. Zapata to chair the Healthy West Kendall coalition and formed an advisory board including Miami-Dade County and local community stakeholders. Advisory Board Members include Dade County Parks and Open Spaces, Dade County Public Health Department, Dade County Public Schools and Nutrition, Hammocks Police Department, faith leaders in West Kendall, FIU, Miami Dade College, Zoo Miami, and business leaders with a strong presence in West Kendall such as: Lennar Homes, Florida Blue, LA Fitness, Walgreens, US Foods, among others.
- The Healthy West Kendall coalition's goals are to:
  - Use collective resources to influence and improve health outcomes of community residents.
  - Make "healthy" easy and attainable.
  - Obtain a healthy community designation.