



## **Guidance & Resources**

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## I. Program Overview

The Florida Department of Health wants to recognize communities taking a [Health in All Policies](#) approach to comprehensive planning. Health in All Policies is a collaborative approach to improving health by incorporating health considerations into decision-making across sectors and policy areas. By implementing recommended policies, local governments can promote community environments where the healthy choice is the easier choice.

**Share your story and best practices** for a chance to be recognized and receive technical assistance in advancing your efforts! Selected communities will be featured on the Florida Department of Health website.

### Background

**Obesity in the United States has reached epidemic proportions<sup>1</sup>**, and its impacts on overall health are staggering. Obesity increases the risk for many serious health conditions, including heart disease, stroke, high blood pressure, type 2 diabetes and cancer. Associated chronic diseases in turn take a heavy economic toll on communities and individuals, especially where availability and access to healthy foods and healthy spaces for physical activity are severely limited.

**In Florida, only 33.9% of adults are at a healthy weight<sup>2</sup>**. To address this issue, the Florida Department of Health created the Healthy Community Champions Recognition Program.

The program recognizes communities taking a Health in All Policies approach to comprehensive planning, and provides a platform to share accomplishments, best practices, and lessons learned. [Health in All Policies](#), as defined by the Centers for Disease Control and Prevention, is a collaborative approach that integrates and articulates health considerations into policymaking across sectors to improve public health.

**Local governments can play a pivotal role in improving public health** by implementing policies and practices that have been shown to increase physical activity and improve nutrition. These “best practice” policies are reflected in the submission form.

**The Healthy Community Champions Recognition is a two-year designation** with opportunities to receive technical assistance to further adoption and implementation of local programs. State partners include the Florida Department of Transportation, Department of Economic Opportunity, Department of Environmental Protection, and others.

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<sup>1</sup> Centers for Disease Control and Prevention “Physical Activity Basics” from <https://www.cdc.gov/physicalactivity/basics/index.htm>

<sup>2</sup> 2017 Florida Behavioral Risk Factor Surveillance System (BRFSS) Data Book from [http://www.floridahealth.gov/statistics-and-data/survey-data/behavioral-risk-factor-surveillance-system/2017BRFSSStateReport\\_FINALNewCover.pdf](http://www.floridahealth.gov/statistics-and-data/survey-data/behavioral-risk-factor-surveillance-system/2017BRFSSStateReport_FINALNewCover.pdf)

## Eligibility

Florida municipalities (cities, towns and villages, and counties) are eligible to apply. **Submissions must be made by a municipal or county official or designee.** Unincorporated areas may submit under the sponsorship of the county in which they are located.

## Timeline

**June 10, 2019:** Submission Window Opens

**August 15, 2019:** Submission Window Closes

**November 1, 2019:** Best Practices Posted and Communities Recognized

## II. How to Submit

1. Visit [FDOH | Healthy Community Champions](#) to access the application.
2. Applications can be completed online, or downloaded as an electronic form.

### The online application

#### Moving within the application

You will be able to move back and forth within the application by using the “back” and “next” buttons at the bottom of the window. Do not use the “back” and “forward arrows in your browser as that will result in lost responses.

#### Saving the application

Your answers will be saved so you can return to the application when you have more time, but you must use the same computer and internet browser each time you work on the application. If you are having trouble accessing your application, please email [tiaboyd@usf.edu](mailto:tiaboyd@usf.edu).

Do not click “Submit” until you are completely finished. Once you click the “Submit” button, you will be unable to change your responses or regain access to the electronic application. After submitting, you will have the option to download a pdf file of your responses.

### The electronic form application

#### Downloading and saving the application

A PDF form of the application can be downloaded and saved to your computer until you are ready to submit. The electronic form will not save automatically. Include your jurisdiction name and “HCC Application” in the file name.

#### Submitting the application

Email your completed application to [tiaboyd@usf.edu](mailto:tiaboyd@usf.edu). Include your jurisdiction name and “HCC Application” in the subject line.

Use this guidance to preview the application and plan your responses.

Only one application per jurisdiction may be submitted; submissions must be made by a municipal or county official or designated employee.

A sample community proclamation is included at the end of this document but it is not required in your application.

Click [here](#) for additional resources and links.

### III. Healthy Community Champions (HCC) Recognition Program Application Form

Use this “sample application” form to organize responses in preparation for submitting your online application. All asterisked (\*) questions require a response.

- Contact Name\*
- Contact Information for Individual Submitting the Application Form\*
- Jurisdiction Name\*

Applicants are required to complete the first three sections of the submission form, plus one optional section of their choosing.

- Health Promotion and Continuous Improvement - Narrative\*
- Physical Activity\*
- Food access/Nutrition\*
- One additional best practices section of your choice also must be completed\*
  - Choose from one of the following: Community Preparedness, Employee Wellness, Community Outreach and Engagement, Leadership and Innovation, Other Awards & Recognition

*Completion of additional best practice sections is optional.*

#### **Additional notes:**

- Please do not submit your application until it is fully completed.
- Online applications will automatically be saved, but you must use the same computer and internet browser each time you work on the application. If you are unable to access your application, please email [tiaboyd@usf.edu](mailto:tiaboyd@usf.edu) for help. A copy of your application can be downloaded once it is submitted.
- Applications can be downloaded and completed using the electronic form. Email completed applications to [tiaboyd@usf.edu](mailto:tiaboyd@usf.edu).
- You will be able to move back and forth within the application by using the “back” and “next” buttons at the bottom of the window. Do not use the “back” and “forward” arrows in your browser as that will result in lost responses.
- Only one application per jurisdiction may be submitted, and submissions must be made by a municipal or county official or designated employee. Your application packet includes a sample community proclamation/resolution that may be signed by a mayor, city council or county commission. Including a proclamation with your submission is strictly optional.
- If your community was recognized in 2018, you do not need to reapply during the 2019 application period.

#### **Timeline:**

June 10, 2019: Submission Window Opens

August 15, 2019: Submission Window Closes

November 1, 2019: Best Practices Posted and Communities Recognized

Application sections and questions, for reference only. Please complete the application online or by using the downloadable electronic form.

**Health Promotion and Continuous Improvement - Narrative responses [Required]**

**1. How does your community demonstrate a [Health in All Policies](#) approach to comprehensive planning?**

Include specific examples and highlights of community initiatives/projects focused on health in the built environment, emphasizing policies and best practices designed to increase physical activity and improve nutrition/access to healthy foods.

Upload or email your response as a PDF attachment (MAX: 1 page), or answer the narrative section (MAX: 500 words).

**2. Identify at least one (1) activity, program or policy you will be or would like to be working on within the next year. No more than 150 words.**

**Physical Activity – Best Practice Questions [Required]**

**1. Does your jurisdiction have a community and/or roadway design-related policy work group(s) that includes input from the local county health department, local emergency services, school district, community leaders, businesses, or community organizations (including faith-based organizations and those representing low income or under-served populations and persons with disabilities)? If yes, provide the name of this group, list of members and affiliations, a brief description of this group’s goals and activities and a URL link to this group if applicable.**

**2. Does your jurisdiction have a process for engaging communities experiencing health inequities in planning efforts related to community development and transportation projects (e.g., Protocol for Assessing Community Excellence in Environmental Health (PACE EH) or Health Impact Assessments (HIA)? If yes, provide a brief description.**

**3. Has your jurisdiction adopted a Complete Streets policy? If yes, provide a URL link to your plan and the page number(s).**

**3.a. If your jurisdiction has adopted a Complete Streets policy, has a design manual, guidelines, or handbook been created? If yes, provide a URL link.**

**3.b. If your jurisdiction does not have a Complete Streets policy in place, is it implementing street design standards that include users of all abilities and ages and are designed to slow traffic and improve safety around school zones and residential areas, including in under-served or low-income communities? Examples can be found in the Florida Complete Streets Handbook and Design Manual including road diets, narrowing road lanes, central islands, roundabouts, speed bumps, lowered speed limits, sidewalks and bus stops separated from traffic. If yes, provide a brief description.**

**4. Does your jurisdiction’s comprehensive plan or land development code (LDC) include a bicycle and/or pedestrian master plan? If yes, provide a URL link to your plan and the page number(s).**

**5. Has your jurisdiction adopted an ordinance, comprehensive plan or land development code (LCD) guidance that addresses increasing access to physical activity opportunities for all persons regardless of age or physical ability, including in low income or under-served areas? If yes, provide a URL link to your plan and the page number(s).**

**6. Does your jurisdiction require bike facilities (e.g., bike boulevards, bike lanes, bike ways, multi-use paths, bicycle lockers, bicycle racks) be provided in parks and on new or reconstructed roadways? If yes, provide a brief description.**

<p><b>7. Does your jurisdiction prioritize the provision and maintenance of walking and/or biking trails or routes, including those in low income or under-served areas?</b> This could include establishment of a program to identify and fill connection gaps and make repairs in the system of sidewalks and/or trails. <u>If yes, provide a brief description.</u></p>
<p><b>8. Does your jurisdiction support and maintain a network of bicycling routes that are connected and lead to destinations, such as markets, commercial businesses, and residential areas, including under-served or low-income communities?</b> <u>If yes, provide a brief description.</u></p>
<p><b>9. Does your jurisdiction maintain a system of parks (e.g., programs to repair, maintain, and upgrade existing parks)?</b> <u>If yes, provide a brief description identifying the number and types of parks within your jurisdiction and their proximity to low-income neighborhoods, and the number of parks that provide physical activity facilities like ball fields, exercise equipment, pools and playgrounds.</u></p>
<p><b>10. Does your jurisdiction maintain and provide access to a system of open spaces, such as access to trails, a body of water or a state or national park?</b> <u>If yes, provide a brief description.</u></p>
<p><b>11. Does your jurisdiction’s land development code (LCD) allow or require mixed land uses to support active transportation options?</b> <u>If yes, provide a brief description.</u></p>
<p><b>12. Does your jurisdiction provide incentive programs (e.g., expedited permit processes, reduced permit fees, or tax breaks) for businesses and organizations that display physical activity promotional materials, run physical activity-related advertisements or work to provide physical activity opportunities to the community?</b> <u>If yes, provide a brief description.</u></p>
<p><b>13. Does your jurisdiction provide incentive programs (e.g., expedited permit processes, reduced permit fees, or tax breaks) for businesses and organizations that include active transportation designs into new facility development or redevelopment?</b> <u>If yes, provide a brief description.</u></p>
<p><b>14. Does your jurisdiction have a program or policy to provide continuous, unobstructed pedestrian and bicycle access to public transportation facilities (e.g., stops or station areas), consistent with ADA standards? In a rural context, this includes park and ride facilities, van pool and car pool activities?</b> <u>If yes, provide a brief description.</u></p>
<p><b>15. Does your jurisdiction currently have a mobile application (for mobile devices) that displays transit schedules, routes and/or arrival times?</b> <u>If yes, provide the URL.</u></p>
<p><b>16. Does your jurisdiction partner with other agencies, organizations, or groups on physical activity-related events or messaging?</b> <u>If yes, provide the name of the partner and a brief description of your work together.</u></p>
<p><b>17. Does your jurisdiction conduct or promote physical activity events in low income or under-served areas?</b> <u>If yes, provide a brief description.</u></p>
<p><b>18. Are there any other physical activity-related events or programs in your jurisdiction you would like to specifically highlight?</b> <u>If yes, provide a brief description.</u></p>
<p><b>19. Does your jurisdiction currently implement or plan to implement any other policies or programs not listed above that will promote or support safe and affordable physical activity opportunities for all persons regardless of age, ability or socioeconomic status?</b> <u>If yes, provide a brief description.</u></p>
<p><b>20. Has your jurisdiction received any award, recognition, or designation related to increased physical activity?</b> <u>Please list them in this section with a brief description.</u></p>



Food Access/Nutrition – Best Practice Questions [Required]
1. Does your jurisdiction have a food access/nutrition related policy work group(s) that includes input from the local county health department, local emergency services, school district, community leaders, businesses or community organizations (including faith-based organizations and those representing low income or under-served populations and persons with disabilities)? <u>If yes, provide the name of this group, list of members and affiliations, a brief description of this group’s goals and activities and a URL link to this group if applicable.</u>
2. Does your jurisdiction have a designated food access/nutrition coordinator? <u>If yes, provide the first and last name, email, and phone number of the person who would be responsible for food access/nutrition.</u>
3. Has your jurisdiction adopted strategies that limit fast-food restaurant density? <u>If yes, provide a brief description.</u>
4. Has your jurisdiction adopted a policy to allow zoning for mobile produce cart vending or sidewalk produce vendors selling fresh fruits and vegetables? This does not include restaurant type food trucks? <u>If yes, provide a URL link to your policy.</u>
5. Has your jurisdiction adopted a policy that allows and encourages community garden initiatives (e.g., grants providing vacant lots or other public lands for use by public or private organizations, supportive zoning, etc.)? <u>If yes, provide a URL link to your policy.</u>
6. Does your jurisdiction allow for farmers markets, farm/produce stands and/or mobile markets to accept federal food assistance programs (e.g., Supplemental Nutrition Assistance Program (SNAP)/Electronic Benefit Transfer (EBT), Women, Infants, and Children (WIC) and/or Fresh Access Bucks (FAB Benefits)? <u>If yes, provide a brief description.</u>
7. Does your jurisdiction provide any incentive programs (e.g., expedited permit processes, reduced permit fees or tax breaks) for farmers markets that accept Supplemental Nutrition Assistance Program (SNAP)/Electronic Benefit Transfer (EBT), Women, Infants, and Children (WIC) and/or Fresh Access Bucks (FAB Benefits)? <u>If yes, provide a brief description.</u>
8. Does your jurisdiction maintain a network of public transportation stops, bike lanes, trails, greenways and/or sidewalks (accessible to users of all abilities and ages) that connect residents (including those in low-income or under-served areas) with opportunities that provide equitable access to healthy, affordable and culturally appropriate foods (including food retailers, farmers markets and community gardens)? <u>If yes, provide a brief description.</u>
9. Does your jurisdiction have any current ordinance(s) that address increasing access to nutritious foods? <u>If yes, provide a URL link to your plan and the page number(s).</u>
10. Does your jurisdiction provide incentive programs (e.g., expedited permit processes, reduced permit fees, or tax breaks) for businesses and organizations that display nutrition-related promotional materials, run nutrition-related advertisements or work to provide access to healthy foods in the community? <u>If yes, provide a brief description.</u>
11. Does your jurisdiction provide incentive programs (e.g., expedited permit processes, reduced permit fees or tax breaks) for convenience stores/corner stores that carry fresh produce and healthy beverages? <u>If yes, provide a brief description.</u>
12. Does your jurisdiction provide incentive programs (e.g., brownfield redevelopment or other loans or grants to cover start-up and investment costs, economic development programs, supportive zoning) for independent grocery stores, supermarkets, or other locally-owned grocery stores that currently have or plan to establish a location(s) in under-served neighborhoods? <u>If yes, provide a brief description.</u>

<b>13. Does your jurisdiction provide healthy food and beverage options at government office vending machines and/or at concession stands located at parks and/or recreational facilities? <u>If yes, provide a brief description.</u></b>
<b>14. Does your jurisdiction promote and support breastfeeding in public areas? <u>If yes, provide a brief description.</u></b>
<b>15. Does your jurisdiction partner with other agencies, organizations, or groups on healthy food access or nutrition-related events or messaging? <u>If yes, provide the name of the partner and a brief description of your work together.</u></b>
<b>16. Are there any other healthy food access/nutrition-related activities in your jurisdiction that you would like to specifically highlight? <u>If yes, provide a brief description.</u></b>
<b>17. Does your jurisdiction currently implement or plan to implement any other policies or programs not listed above that will promote or support access to healthy, affordable, and culturally appropriate foods for all persons regardless of age, ability or socioeconomic status? <u>If yes, provide a brief description.</u></b>
<b>18. Has your jurisdiction received any award, recognition, or designation related to improved nutrition? <u>If yes, please list them in this section with a brief description.</u></b>

**Please complete at least one of the following sections to further highlight your best practices:**

Community Preparedness, Employee Wellness, Community Outreach, Leadership & Innovation, Awards.

<b>Community Preparedness (Disaster, Emergency Response, and Infectious Outbreak) – Best Practice Questions</b>
<b>1. Does your jurisdiction have an updated evacuation plan for all communities and the school district? <u>If yes, provide a URL link to your plan and the appropriate page number(s).</u></b>
<b>2. Does your jurisdiction have a community preparedness-related policy work group(s) that includes input from the local county health department, local emergency services, school district, community leaders, businesses and community organizations (including faith-based organizations and those representing low income or under-served populations and persons with disabilities)? <u>If yes, provide the name of this group, list of members and affiliations, a brief description of this group’s goals and activities and a URL link to this group if applicable.</u></b>
<b>3. Does your jurisdiction’s comprehensive plan or current ordinance(s) require that any jurisdiction redevelopment or new development projects be designed to include clearly marked and updated evacuation routes? <u>If yes, provide a URL link to your plan or ordinance(s) and the page number(s).</u></b>
<b>4. Does your jurisdiction’s comprehensive plan or current ordinance(s) require that any jurisdiction redevelopment or new development projects (including commercial and/or residential projects) be designed with a minimum of two (2) points of entry or exit that can be used by emergency services or in the case of an evacuation? <u>If yes, provide a URL link to your plan or ordinance(s) and the page number(s).</u></b>
<b>5. Does your jurisdiction have a designated community preparedness coordinator? <u>If yes, provide the first and last name, email, and phone number of the person who would be responsible for community preparedness.</u></b>

<p><b>6. Does your jurisdiction’s comprehensive plan or current ordinance(s) specifically require that any new commercial and/or residential development or redevelopment (including in low income and under-served areas) be designed to meet Americans with Disabilities Act (ADA) standards? <u>If yes, provide a URL link to your plan or ordinance(s) and the page number(s).</u></b></p>
<p><b>7. Does your jurisdiction have all evacuation routes clearly marked throughout all communities? <u>If yes, provide a brief description.</u></b></p>
<p><b>8. Does your jurisdiction provide and promote to the public a copy of the evacuation plan and all routes? This could include, but is not limited to, evacuation routes and plans being posted online in a downloadable version, in the phonebook, copies provided in government buildings, copies provided to law enforcement and emergency medical services for distribution in times of emergency, etc.) <u>If yes, provide a brief description of how this information is distributed to the public.</u></b></p>
<p><b>9. Was your jurisdiction’s evacuation plan created in coordination with all neighboring jurisdictions to assure safe and timely movement of all persons regardless of age, physical ability, or socioeconomic status? <u>If yes, provide a brief description.</u></b></p>
<p><b>10. Does your jurisdiction provide any incentive programs (e.g., expedited permit processes, reduced permit fees or tax breaks) for commercial businesses and/or retailers in the community (including those in low income and under-served areas) to carry extra supplies during hurricane season? <u>If yes, provide a brief description.</u></b></p>
<p><b>11. Does your jurisdiction provide any incentive programs (e.g., expedited permit processes, reduced permit fees or tax breaks) for commercial and/or residential development groups/companies that incorporate adequate access for emergency services and to evacuation routes into their design? <u>If yes, provide a brief description.</u></b></p>
<p><b>12. Does your jurisdiction provide or have access to mosquito control spray trucks to service all communities (including low income and under-served areas)? <u>If yes, provide a brief description.</u></b></p>
<p><b>13. Does your jurisdiction work with your county health department, emergency services, and the school district to enact policies, plans and actions towards limiting the spread of infectious diseases (e.g., mosquito borne illnesses, vaccinations, seasonal flu shots, etc.)? <u>If yes, provide a brief description.</u></b></p>
<p><b>14. Does your jurisdiction have a plan for limiting the spread of infectious diseases during a possible outbreak that includes all communities (including low income or under-served areas), all persons (regardless of age or ability), and your school district(s)? <u>If yes, provide a link to your plan and the page number(s).</u></b></p>
<p><b>15. Are there any other community preparedness-related activities in your jurisdiction that you would like to specifically highlight? <u>If yes, provide a brief description.</u></b></p>
<p><b>16. Does your jurisdiction currently implement or plan to implement any other policies or programs not listed above that will promote or support community preparedness efforts within all communities (including low income and under-served areas) and for all persons regardless of age, ability or socioeconomic status? <u>If yes, provide a brief description.</u></b></p>
<p><b>17. Has your jurisdiction reviewed evacuation plans for vulnerable populations (e.g., nursing homes)?</b></p>
<p><b>17.a. Have vendors providing evacuation services for vulnerable populations been vetted to ensure they can deliver services? <u>If yes, provide a brief description.</u></b></p>
<p><b>17.b. Has your jurisdiction considered special evacuation plans for vulnerable populations? <u>If yes, provide a brief description.</u></b></p>
<p><b>18. Has your jurisdiction reviewed Mutual Aid and Emergency fulfillment contracts?</b></p>
<p><b>18.a. Have the Mutual Aid and Emergency fulfillment plans/contracts been implemented? <u>If yes, provide a brief description.</u></b></p>
<p><b>18.b. Have vendors providing resources and commodities during an emergency been vetted? <u>If yes, provide a brief description.</u></b></p>

19. Do all critical agencies in your jurisdiction have a Continuity Of Operations Plan (COOP)? If yes, provide a brief description.

19.a. Have alternate sites to support the activation of a Continuity of Operations Plan (COOP) been identified and prepped?

### Employee Wellness – Best Practice Questions

1. Does your jurisdiction provide any incentive programs (e.g., expedited permit processes, reduced permit fees or tax breaks) for new businesses and organizations that provide health benefits to their employees (e.g., health, dental, vision, etc.)? If yes, provide a brief description.

2. Does your jurisdiction provide any incentive programs (e.g., reimbursement, discounted fares or free fares) for employees to use public transit to get to work? If yes, provide a brief description.

3. Does your jurisdiction currently have an employee wellness policy or plan to adopt one? If yes, provide a link to your policy.

4. Does your jurisdiction have a designated employee wellness coordinator? If yes, provide the first and last name, email, and phone number of the person who would be responsible for employee wellness.

5. Would your jurisdiction have an interest in establishing or improving their employee wellness program? If yes, your jurisdiction will be contacted about employee wellness information, sample employee wellness policies, and/or technical assistance with your employee wellness activities.

6. Does your jurisdiction have an internal employee wellness-related work group that includes input from the county health department? If yes, provide a brief description of this group's goals and activities.

7. Does your jurisdiction offer a Centers for Disease Control and Prevention (CDC) recognized Diabetes Prevention Program to jurisdiction employees? If yes, provide a brief description of this group's goals and activities.

8. Does your jurisdiction offer physical activity breaks, walking meetings and/or any other physical activity opportunities to jurisdiction employees? If yes, provide a brief description.

9. Does your jurisdiction promote the benefits of physical activity and nutrition at all government offices? If yes, provide a brief description.

10. Does your jurisdiction partner with any fitness facilities, gyms, programs and/or instructors in the community for discounted rates to your employees? If yes, provide a brief description.

11. Do any jurisdiction offices have onsite exercise facilities (e.g. locker room with shower facilities, workout room and/or a workout facility), walking paths, and/or bicycle facilities (e.g. bike racks, bike lockers, bike share programs, etc.)? If yes, provide a brief description.

12. Do all jurisdiction offices have a room for employees to breastfeed or pump in private? If yes, provide a brief description.

13. Do all jurisdiction offices make appropriate breastfeeding accommodations (e.g. flexible work schedules, adequate break times, etc.) and provide appropriate breastfeeding support for staff? If yes, provide a brief description.

14. Are there any other employee wellness-related activities in your jurisdiction that you would like to specifically highlight? If yes, provide a brief description.

15. Does your jurisdiction currently implement or plan to implement any other policies or programs not listed above that promote or support employee wellness efforts among staff? If yes, provide a brief description.

### Community Outreach and Engagement – Best Practice Questions

1. Does your jurisdiction have a community outreach and engagement-related work group(s) that includes input from the local county health department, law enforcement, fire department(s), emergency medical service(s), school district(s), community leaders, community organizations (including faith-based organizations and those representing low income or under-served populations and persons with disabilities)? If yes, provide the name of this group, a brief description of this group’s goals and activities, and a URL link to this group if applicable.
2. Does your jurisdiction have a designated community outreach and engagement coordinator? If yes, provide the first and last name, email, and phone number of the person who would be responsible for community outreach and engagement.
3. Does your jurisdiction have any incentive programs or provide public recognition for efforts of businesses and organizations that provide low cost or free community services? (e.g. transportation services, lawn or home maintenance for elderly or persons with disabilities, health and/or hearing screenings, etc.) If yes, provide a brief description.
4. Does your jurisdiction conduct any health-related events for the community (e.g., health fairs, fitness fairs, Open Streets events, etc.)? If yes, provide a brief description.
5. Does your jurisdiction provide healthy food and beverage options at jurisdiction-sponsored events? If yes, provide a brief description.
6. Does your jurisdiction work with local law enforcement and emergency medical services to promote neighborhood watch associations in all communities including low income and under-served areas that are accessible and include input from all persons regardless of ability? If yes, provide a brief description.
7. Are there any other community outreach and engagement-related activities in your jurisdiction that you would like to specifically highlight? If yes, provide a brief description.
8. Does your jurisdiction currently implement or plan to implement any other policies, programs or initiatives not listed above that promote or support community outreach and engagement? If yes, provide a brief description.

### Leadership and Innovation - Best Practice Questions

1. Does your jurisdiction participate in any of the following? Select all that apply (click the links for more information).

[School Health Advisory Committee \(SHAC\)](#)

[Community Health Improvement Plan](#) (Click [here](#) to find your county health department and your local plan)

[Mobilizing Action through Planning Partnerships \(MAPP\)](#)

[PHIT America: Mayor’s Fitness Challenge](#)

[Smart Growth America: Rural Development Program](#)

2. Has your jurisdiction adopted a resolution or proclamation related to the Active Transportation Community Recognition? If yes, upload here.  
(Click [here](#) to see an example of a resolution or proclamation.)

**3. Has your jurisdiction adopted, or is your jurisdiction planning to adopt or update a Health Element (Health and Design Element, Community Health Element, Livability Element, etc.) in your Comprehensive Plan?** If yes, please provide a link to your plan and the page number(s) or enter N/A for “No action at this time.”

Other Awards, Recognitions & Designations - Best Practice Questions
<b>1. Does your jurisdiction have or participate in any of the following? Select all that apply (click the links for more information).</b>
<a href="#">Robert Wood Johnson Foundation: Culture of Health Prize</a>
<a href="#">Transportation for America: Smart Cities Challenge</a>
<a href="#">Recognized on the Smart Growth America Policy Atlas</a>
<a href="#">Walk Friendly Community Designation</a>
<a href="#">Bicycle Friendly Community Designation</a>
<a href="#">Bicycle Friendly Business Recognition Program</a>
<a href="#">American Planning Association Florida Chapter Awards</a>
<a href="#">AARP Age-Friendly Community</a>
<a href="#">LEED Certified Buildings or Neighborhoods</a>
<a href="#">Alliance for Healthy Cities Recognition Award</a>
<a href="#">Sustainability Tools for Assessing and Rating (STAR) Communities Certification</a>
<a href="#">Gold Medal for Excellence in Parks</a>
<a href="#">Florida Breastfeeding Coalition Quest for Quality Maternity Care Award</a>
<a href="#">Baby-Friendly Hospital Initiative</a>
<a href="#">Healthy School District Award</a>
Completed the <a href="#">Centers for Disease Control and Prevention (CDC) Worksite Health Scorecard</a>
Promote the <a href="#">Million Heart Campaign</a>
American Diabetes Association recognized or American Association of Diabetes Educators Accredited Diabetes Self-Management Education Programs. (Click <a href="#">here</a> to find any Recognized Education Programs in your area.)
CDC recognized Diabetes Prevention Lifestyle Change Programs. (Click <a href="#">here</a> to find any Recognized Organizations in your area.)
<a href="#">Florida Department of Transportation: Safe Routes to Schools</a>
<a href="#">National Center for Safe Routes to School</a>

## IV. Resources and Links

### Complete Streets

- ChangeLab Solutions: [What are Complete Streets?](#) and [Complete Streets Policies at the Local Level](#)
- Public Health Law Center: [Active Living](#)
- Smart Growth America: [Policy Elements](#)
- Broward MPO: [Complete Streets Guidelines](#)
- AARP: [Evaluating Complete Streets Projects](#), and [Complete Streets in the Southeast: A Tool Kit](#)
- American Heart Association: [Complete Streets Lead to Healthier Communities](#)

### Email List Serves

- ChangeLab Solutions: [Email Sign-Up](#)
- Smart Growth America: [Email Sign-up](#)
- Human Impact Partners: [Email Sign-up](#) (Email sign bottom of page)

### Florida Public Health Statistics and Community Health and Planning Data

- Florida Department of Health: [Florida Health Charts](#)
- Florida Department of Health: [Florida Environmental Public Health Tracking Program](#)
- U.S. Department of Transportation: [Transportation and Health Tool](#)

### Food Access/Nutrition

- ChangeLab Solutions: [Economic Development Resources to Improve Food Access to Healthy Food](#)
- Public Health Law Center: [Access to Healthy Affordable Food](#)
- USDA: [Healthy Corner Stores](#)
- CDC: [Implementing Food Service Guidelines](#)
- Florida Organic Growers: [Fresh Access Bucks](#)

### Healthy Equity

- CDC: [A Practitioner's Guide for Advancing Health Equity: Community Strategies for Preventing Chronic Disease](#)
- CDC: [Racial and Ethnic Approaches to Community Health](#)
- CDC: [Tools for Putting Social Determinants of Health into Action](#)
- American Public Health Association: [Health Equity](#)

### Health Impact Assessment (HIA)

- Human Impact Partners: [Health Impact Assessment Publications and Resources](#)
- Design for Health: [HIA Rapid Assessment](#)
- CDC: [Health Impact Assessment Resources](#)
- CDC: [Protocol for Assessing Community Excellence in Environmental Health](#)
- Florida Department of Health: [PACE-EH](#)
- World Health Organization: [Health Impact Assessment \(HIA\)](#)

### Health in All Policies (HiAP) and Health in Comprehensive Plans

- CDC: [Health in All Policies](#)
- ChangeLab Solutions: [Healthy Comprehensive Plan Assessment Tool](#)
- Public Health Institute: [Health in all Policies: A Guide for State and Local Governments](#)

### Rural Development

- Florida Department of Health: [Office of Rural Health](#)
- Smart Growth America: [Rural Development](#)

## **Trainings**

- American Planning Association: [Planning for Healthy Places with Health Impact Assessments](#)
- Smart Growth America: [Training and Educational Opportunities](#)
- Smart Growth America: [Complete Streets Implementation and Design \(Webinar\)](#)
- Smart Growth America: [Webinars Page](#)

## **Walkability and Bikeability**

- ChangeLab Solutions: [Making a Place for Bicycles](#)
- CDC: [The Built Environment Assessment Tool Manual](#)
- Pedestrian and Bicycle Information Center: [Walkability Checklist](#)
- AARP: [Walk Audit Tool Kit and Leader Guide](#)
- America Walks: [Toolkits](#)
- Institute for Transportation & Development Policy: [Pedestrians First: Tools for a Walkable City](#)
- League of American Bicyclists: [Bicycle Friendly Communities](#)
- League of American Bicyclists: [Bicycle Friendly Universities](#)
- League of American Bicyclists: [Bicycle Friendly Businesses](#)



## V. Sample Proclamation/Resolution Language (Optional)

*NOTE: In previous years a Healthy Weight proclamation/resolution was required. This is now optional.*

### **RESOLUTION**

#### **A RESOLUTION SUPPORTING HEALTHY COMMUNITY CHAMPIONS.**

**WHEREAS, NAME OF CITY/COUNTY** supports policies that focus on healthy weight, health and wellness, and healthier lifestyles in all communities; and

**WHEREAS**, the Florida Department of Health has launched a healthy weight campaign known as "Healthiest Weight Florida", a public-private collaboration to help Florida's children and adults make informed, consistent choices about healthy eating and active living; this program has been embraced by individuals and businesses in many cities, counties, and communities; and

**WHEREAS**, the Florida Department of Health has launched the 2019 Healthy Community Champions Recognition Program to recognize local governments and active municipalities (cities, towns and villages) and counties that implement policies to help people become more physically active and improve nutrition; Best practice policies implemented by communities will be recognized in November 2019.

**WHEREAS**, poor nutritional choices and a lack of physical activity are linked to overweight and obesity which increase the risk of diabetes, cancer, heart disease, liver disease, hypertension and other health conditions; and

**WHEREAS, CITY/COUNTY** officials believe there are important, long-term community benefits to be gained by encouraging healthy lifestyles, including a decrease in overweight and obesity in Florida's adults and children and the associated negative health related impacts; and

**WHEREAS**, community partners can work together to ensure that there are safe places for residents to be active, such as in parks, ball fields, pools, gyms, and recreation centers; and

**WHEREAS**, access to healthy foods has a direct impact on the overall health of our community and planning for fresh food, open space, sidewalks, and parks should be a priority.

**NOW, THEREFORE, BE IT RESOLVED THAT THE [MAYOR, CITY COUNCIL, COUNTY COMMISSION]** challenge all local governments, businesses, students, parents and residents to participate in the Healthy Community Champions campaigns to foster healthy weight and improve overall health, improve job and school performance and decrease work and school absenteeism.

Signed this \_\_\_ day of \_\_\_\_\_, 2019.