



Alachua County

Alachua County

The Alachua County Comprehensive Plan includes a Community Health Element (CHE), which focuses on Health in All Policies. The policies in the CHE outline the processes for engaging local health agencies in planning policies and development standards that address health. Complete Streets are addressed in the Transportation Mobility Element (TME). The policies in the TME require interconnected networks, standards that promote walking and biking, connectivity index standards to ensure adequate internal connections and cross-access for all modes, a pedestrian and bicycle circulation system, and strategies to increase safety for all modes with a particular focus on bicycles and pedestrians. In 2010, the county adopted a set of land use, transportation, and capital planning amendments known as the Mobility Plan, which includes revised multi-modal levels of service for transportation. The new levels of service informed the adoption of a multimodal Capital Improvements Element for transportation that focused on providing parallel capacity in the roadway network, a bicycle and pedestrian network on existing roadway corridors, and new transit service once sufficient density is present in the Urban Cluster to support it. The Community Health Improvement Plan addresses improved access to healthy foods and active living. For instance, the county collaborates with the Healthy Communities Group, a multi-agency collaboration, to address the goals to improve community wellness.

City of Hawthorne

The City of Hawthorne Comprehensive Plan requires that all new development have a recreation component. The city has three parks that are accessible to low-income neighborhoods: Lindsey Phillips Park, Hawthorne Athletic Park, and Little Orange Creek Nature Park and Preserve. Little Orange Creek Nature Park and Preserve has a playground, exercise equipment, kayak launch pad, and more than 2 miles of trails. To address food insecurity, the city supports the Hawthorne Area Resource Center, a local food bank and social group, which provides free food daily Monday - Friday from 9am - 2pm. The city also allows community gardens; for example, there is a faith-based community garden that is accessed by the elementary school for teaching purposes.

City of Newberry

The City of Newberry's comprehensive plan and development code promotes increased access to physical activity opportunities for all persons regardless of age or physical ability, including in

low-income or under-served areas. Additionally, the City of Newberry Land Development Code includes provisions for access to multi-modal transportation systems within Planned Development (PD) zoning districts; newly approved developments are reviewed for the inclusion of bike facilities and multi-use paths. The City park system includes six parks managed and maintained by the Parks and Recreation Department; four are neighborhood parks, and two are regional. Newberry has adopted Mixed-Use and PD regulations, which are implemented in accordance with, and are supported by, transportation-related policies in the City of Newberry Comprehensive Plan. Newberry supports and promotes farmers' markets, farm/produce stands, mobile markets, and community gardens as venues for healthy foods in practice and through adopted comprehensive plan policies and development regulations. The city has also adopted an ordinance that allows and encourages community gardens in residential areas and other districts.

Bradford County

Bradford County

Bradford County is responsible for the upkeep of the bike and walking trail and maintains several parks, including Pleasant Grove Park, which is in a low-income neighborhood. The county also maintains and provides access to 3 parks and 4 lakes/bodies of water. Bradford County has participated in the School Health Advisory Committee (SHAC), and the Community Health Improvement Plan and is ranked number 62 of 67 in the Robert Wood Johnson Health Rankings.

Brevard County

City of Palm Bay

The City of Palm Bay encourages community members to participate in the annual Mayor's Fitness Challenge. During this event, the city provides its community members and employees with healthy, nutritious foods and drinks. The city maintains a system of thirty-two parks. Thirty-one parks provide active facilities and fifteen are within walking distance of low-income neighborhoods. Additionally, a network of walking trails are provided in the Turkey Creek Sanctuary. The city partners with community and faith-based groups, such as the United Way of Brevard and Florida Avenue Church of Christ, during the Community Youth Read and Feed Program. The program provides free healthy lunches to children ages 3-19 during the summer break to ensure they are provided with consistent nutrition.

Broward County

City of Coconut Creek

The City of Coconut Creek has implemented several strategic initiatives to improve the health of residents and employees. The city comprehensive plan includes Complete Streets Guidelines

that encourage complete street designs. The city offers a free city bus, which provides transportation to recreational facilities. Coconut Creek has committed to expanding safe transportation options such as greenways, trails and bike lanes. Additionally, the city has an extensive greenways and trails network that connects residents to public transportation stops, bike lanes, trails, greenways and/or sidewalks. These connections provide equitable access to healthy, affordable and culturally appropriate foods. There is also an administrative order to establish guidelines for providing healthy foods and beverages at city meetings.

Deerfield Beach

The City of Deerfield Beach was the first community in Florida to adopt its own Complete Street Guidelines with the passage of Resolution 2011/184. City staff also actively participated in the Broward Complete Streets Initiative Technical Advisory Committee and helped develop the Broward Complete Streets Guidelines 2012. The city promotes and advances “Livable Neighborhoods” strategies, which identifies urban design investments, including bike paths and greenways, that connect neighborhoods with adjacent commercial corridors and improves comfort and safety for pedestrians and bicyclists. Through the Annual Sidewalk Repair and Installation Program, which identifies damaged sidewalks for repairs and gaps in the sidewalk network to be filled, the city actively maintains and expands the sidewalk network citywide. The City of Deerfield Beach Parks and Recreation Department is adopting the Let’s Move! initiative standards. These standards are being incorporated into the after school program curriculum with a vegetable garden to encourage seed to plate education and environmental awareness, and Cooking Creations to introduce new foods, cooking techniques, nutritional education, fresh food, and healthy snack options. The city also has an interdepartmental Wellness Committee to help champion and administer the employee wellness program to its various employee groups.

Town of Pembroke Park

The Town of Pembroke Park is currently implementing programs to support healthy, affordable foods by creating a Community Garden and Wellness Center. The town has established a food forest where fresh food is grown, picked, and distributed throughout the community. Low- to moderate-income areas in Pembroke Park have access to walking trails and sidewalks. The town has four passive parks with exercise equipment, playground equipment and walking trails within a mile of low-income neighborhoods. Pembroke Park partners with the City of Miramar Social Services Department Focal Point program to host senior walk-a-thons in the Oglesby Preserve Park.

Collier County

Everglades City

In January 2019, Everglades City was designated as a Trail Town that promotes physical activity, such as hiking, biking, and paddling, through some of Florida’s most diverse environmental and wildlife preservations. The newly appointed Trail Town is expected to draw visitors who will also benefit from the physical activity outlets across multiple locations including Everglades

National Park, Big Cypress Preserve, Fakahatchee Strand State Park, and other nearby state and national parks. Roadways and sidewalks within the jurisdiction maintain slower vehicle speed limits to promote walking and biking and ensure safety for all road users. Additionally, sidewalks and bike lanes seamlessly link the community to centrally-located McLeod Park and the nearby Community Center. In June 2018, Everglades City started a partnership with the Florida Department of Health in Collier County to complete the city's first Protocol for Assessing Community Excellence in Environmental Health (PACE-EH) project. PACE-EH is an evidence-based, community health assessment framework that is used to identify needs within a community's built and natural environment and create an action plan to address them. The Everglades City PACE-EH project intends to create other opportunities for healthy food access, including community-supported agriculture co-operatives, additional mobile farmers markets, community gardening, nutrition education, and cooking demonstrations.

Columbia County

Columbia County

Columbia County partners with area agencies on community initiatives, such as a weekly farmer's market at the health department. Additionally, the county partners with various agencies, including non-profits and the local hospital, to support physical activity programs, such as "Get Fit Lake City". To encourage physical activity outdoors, the county is working on a multi-use facility that can be used for soccer, lacrosse, walking trails, zip lines, and other activities. The county has partnered with a transportation authority in Gainesville to provide free rides to community members who need transportation to and from doctor appointments in Gainesville. The county also partners with the tri-county Suwannee Regional Valley Transit system to transport community members to and from grocery stores, doctor appointments, and other necessary destinations. The University of Florida's Institute of Food and Agricultural Sciences (UF/IFAS) county extension office and the health department offers several educational classes on nutrition. Some topics include eating healthy on a budget, how to grow your own vegetables, and making healthier choices.

Hamilton County

Hamilton County

Hamilton County is home to the 888-acre Stephen Foster Folk Culture Center State Park, which serves a high percentage of people who are low-income and traditionally underserved. The Hamilton County Recreation Department, in collaboration with the health department, built a 0.4-mile long healthy walkway at the recreation center. The Suwannee Valley Transit Authority, a state involved co-op between Hamilton County, Suwannee County, and Columbia County, provides rides to grocery stores, doctors' appointments, schools, and other destinations. Hamilton County also partners with the Hamilton County School District on initiatives for healthy eating and physical activity.

Lake County

City of Clermont

Through collaborative planning and engagement with community stakeholders, the City of Clermont demonstrates its commitment to Health in All Policies. For instance, the city regularly collaborates with local health care professionals, including those at South Lake Hospital, to understand where health equity disparities exist and how these challenges can be addressed. The city prioritizes all trail ways and pedestrian connections for all persons, regardless of income and ability. For example, the South Lake trail connects persons living in low-income areas to the downtown area where the weekly farmers market takes place. Additionally, the city frequently convenes with a cohort of nonprofit organizations serving those with food insecurity.

Marion County

City of Ocala

The City of Ocala has several community initiatives that focus on health and the built environment and promote physical activity and improved access to healthy foods. Ocala partners with Active Marion Project (AMP) to provide free fitness classes and activities in city parks. Additionally, the city recently converted a rental space in a recreation center (located in a low-income area) into a fitness center. The city is in the process of developing several trail projects that will provide access to all of the major municipalities as well as eco-hubs, miscellaneous attractors, parks, and recreational facilities. City employees are encouraged to adopt healthy behaviors with discounted gym memberships, breaks for activities, and diabetes prevention programming.

Miami-Dade County

City of Doral

In 2018, the City of Doral developed StepUp Doral as a community-based program out of a need for a feasible health program for community members. This wellness initiative by the Mayor provides a healthy and fit lifestyle for Doral residents. Through this initiative and partnerships with local groups and organizations, the city promotes active living and health events, including screenings, seminars, and fitness classes. Additionally, as a part of StepUp Doral, local restaurants and businesses have sponsored healthy food at city events, held cooking demonstrations, provided nutrition workshops, and offered discounts to persons registered in the program. The City of Doral Bikeway Network Plan, adopted in 2008 and updated in 2015, serves as the city's Bicycle Master Plan. The plan proposes a network of multi-use trails with dedicated facilities throughout the city for a variety of users including bicyclists, pedestrians, and rollerbladers.

City of Miami Gardens

Since 2014, the City of Miami Gardens has been spearheading an intentional and comprehensive approach to improving health and wellbeing through Live Healthy Miami Gardens (LHMG). This program was initiated as a place-based, multi-disciplinary, multi-sector initiative to reduce health disparities in the city. LHMG's partners and stakeholders work together to develop, implement, and sustain community-level health strategies in the Health Impact Areas. The City of Miami Gardens Comprehensive Plan includes complete streets policies that outline steps to encourage connectivity between street grid networks, greater use of multi-modal transit options, and promotes pedestrian and bicycle linkages between residential and non-residential land uses. The city supports and maintains several bike lanes and multi-use paths that provide safe and convenient access to a wide range of community assets. To create clearer connections to healthy food, physical activity, and clinical care assets, the City of Miami Gardens is working on an Active Transportation Wayfinding Plan to map and install signage citywide. Also, the city is working on a Healthy Corner Store project to increase access to healthy food. For example, the project uses the Nutrition Environment Measures Survey tool to assess each store for the availability of healthy and nutritious food items and evaluate the price and quality of these items.

City of Miami Lakes

The Town of Miami Lakes is working with a local hospital to start the "Walk with a Doc" program, which encourages community members to walk and talk with a designated health professional at a local park. This initiative inspires the community through movement and conversation in a friendly atmosphere with fresh air. The town also partners with public and private organizations to host an annual Health Fair that promotes an array of fitness activities for all walks of life. In 2016, the town was awarded \$40,000 from the Miami-Dade County Metropolitan Planning Organization to help with the design and development of the Complete Streets Implementation Plan. The Town of Miami Lakes Greenways and Trails Master Plan connects the community to parks, shopping, civic centers, and other uses through a system of greenways, trails, and on-road bike facilities.

Monroe County

City of Key West

The City of Key West City is actively seeking out ways to maximize multimodal spaces and minimize space for single occupancy vehicles. There are three major bike routes on the east end of the city, Crosstown Connector, North Roosevelt, and South Roosevelt, and several bicycle lanes that feed into major areas in the downtown. To promote food access and nutrition, the city gives away vegetable seedlings and partners with the Extension Service to teach people how to garden in their backyards.

Nassau County

Nassau County

Nassau County has completed several studies and plans that engage communities experiencing health inequities related to community development and transportation. Some of the projects include the Nassau County Community Health Status Assessment, the Environmental Health Assessment for the Evergreen Community of Nassau County using PACE EH, and the Nassau County Community Health Improvement Plan (CHIP). The county collaborates with municipalities to create and maintain parks, infrastructure, and amenities to best serve individuals and families residing in low-income areas. County staff works directly with the Nassau District Schools and community organizations to provide healthy living classes, diabetes education, MyPlate standards, and gardening education to community members. Many sites also have a community garden that is used to educate the community. The Cooperative Extension offers Youth Understanding My Plate and Eat for Health in local schools to teach the youth how and why it is important to incorporate healthy food choices and fitness in our lives. The county also offers educational sessions during local food distribution centers and classes for older citizens that target physical awareness and meal preparation.

Town of Hilliard

The Town of Hilliard relies on several key best practices and joint initiatives with local and national organizations to increase physical activity and improve nutrition and access to healthy food. The town is currently engaged in projects with special interest groups and Nassau County committees and subcommittees, including the Timber to Tides Trail project and the Nassau County Community Health Improvement Plan (CHIP). The town's three parks provide places for youth and adult sports, picnicking, and daily physical activity. Hilliard frequently works with the Nassau County Health Improvement Coalition (NCHIC) to address food access, nutrition, and policies related to nutrition for the county.

Orange County

City of Ocoee

The City of Ocoee is working to build a sustainable community. To do this, the city's Future Land Use Element includes a goal "to promote, protect, and improve the public health, safety, general welfare, and aesthetics through the provision of appropriate land uses by establishing an appropriate pattern of land use and directing development accordingly". Over time, the city has adopted planning and urban design best practices to increase community connectivity, provide for different modes of travel, and increase access to facilities, services, and activities for residents, staff, and visitors that improve overall health, increase physical activity, and social interaction. The city is in the process of updating its parks, which includes the addition of interactive and stimulating play equipment and assessing bicycle and pedestrian connectivity to

parks. An on-site health clinic provides city employees with easy access to wellness facilities and services.

Pasco County

City of New Port Richey

The City of New Port Richey recently completed a Parks and Recreations Master Plan that includes several new walking, hiking, and biking trails. The City of New Port Richey Public Works Department prioritizes the maintenance of sidewalks and paths in parks and throughout the city. There are six parks within city limits with a variety of amenities that encourage physical activity including playgrounds, kayaking, and walking trails. The city's "Kids to Park Day" event is organized to promote healthy eating and physical activity at the parks. The city also partners with Break Spot summer program to provide free healthy breakfast and lunch to persons under the age of eighteen.

Pinellas County

City of Pinellas Park

The City of Pinellas Park frequently partners with the Pinellas County Health Department, the City of St. Petersburg, and Pinellas County to implement a Health in All Policies strategy. The city ensures that quality walking and biking paths are accessible by all residents and enforces these standards through the comprehensive plan. The Public Works and Leisure Services Departments work to increase access to parks and recreational facilities by improving trails, sidewalks, and ramps to meet ADA standards. For example, the Community Services Department proposed to improve walking paths and amenities in Fairlawn Park, located in a traditionally under-served community, to facilitate safer pedestrian travel. Pinellas Park maintains several open green spaces within its extensive park system, and various city parks offer lighted walking trails for city events and community enjoyment. Mobile produce and food carts are currently given temporary permits for special events, but city staff is reviewing policies to permanently allow these uses. Community gardens are encouraged and two grow stations are available for a low monthly fee. The Pinellas Park Comprehensive Plan is being updated to support design, connectivity, and access features, and will include health and social determinants as an element.

Polk County

City of Winter Haven

The City of Winter Haven has developed an interactive web map that identifies sidewalk gaps within the city. To organize campaigns that promote walking and biking events and other physical activities, the city partners with Main Street Winter Haven, the Chamber of Commerce, the Florida Department of Transportation (FDOT), and Polk Transportation Planning

Organization (Polk TPO). Numerous opportunities for physical activity are available for residents in Winter Haven, including recreation and community centers, nature parks, and bike and hike trails. For example, the city is home to more than 13 miles of trails and the Downtown Trailhead Park contains a large playground and splash pad. A series of Saturday Farmers Markets are offered by the city each month to provide fresh produce from the local businesses while emphasizing a healthy lifestyle. The city is working to revamp this model to provide Farmers Markets every Saturday. Additionally, the Senior Adult Center works with a nonprofit organization to provide a farmers market kiosk with affordable fruits and vegetables to the Senior Center 3-4 days a week. The Community Garden at the Florence Villa Community Development Center encourages community gardening and provides low-cost nutritious produce for community members.

Putnam County

City of Palatka

The City of Palatka, in collaboration with Putnam County, has increased efforts to promote a healthy and active lifestyle for community members. Palatka and the surrounding communities offer a system of multi-use paths that provide residents with access to trails for walking, hiking, and cycling. On January 23, 2019, the city was designated as a Trail Town by the Florida Greenways and Trails Council. In support of the American Heart Association's National Walking Day, on April 1, 2015, the city inaugurated the newly completed Palatka Urban Trail by hosting its first "Walk with the Mayor". At this event, over 75 citizens joined the Mayor on a 2-mile walk. The city is in the process of amending the zoning code to allow farm-to-family produce trucks, which will improve access to healthy foods by transporting fresh produce from area farms to food deserts.

Town of Welaka

The Town of Welaka has recently refurbished its trails and parks system. The working trails group has helped Putnam County and the Town of Welaka identify the blue- and green-ways and gaps in trails system. The working trails group, the citizen support organization, and state park volunteers assist in maintaining trails by notifying the town when maintenance is needed. Pickleball is becoming increasingly popular in Welaka and there are currently 6 pickleball courts. The town is planning to construct a new pickleball court and is considering closing certain roadways for pickleball tournaments. "Keep Putnam Beautiful" is a community outreach and engagement initiative by Putnam County which emphasizes working together for a healthier community. Through this initiative, the Town of Welaka teamed up with Putnam County and Crescent City residents in the first large scale county wide clean-up. The goal of the event was to increase physical activity, to reduce cigarette litter; and contribute to a healthier litter-free environment. The event had an estimated 500 volunteers who collected 9,290 pounds of garbage.

Crescent City

Crescent City maintains a system of parks within the city limits and has recently completed the design of a 3.5 mile looped multi-use trail route. Public transportation is available within ½ mile of all low-income communities and 80% of the other communities in the city. Crescent City is planning to replace aging and damaged tennis courts with a multi-purpose court facility for basketball, pickleball, court soccer, and tennis. Recently, the city adopted mobile food vendor regulations to allow sidewalk produce vendors to sell fresh fruits and vegetables in commercial zoning districts. "Keep Putnam Beautiful" is a community outreach and engagement initiative by Putnam County which emphasizes working together for a healthier community. Through this initiative, Crescent City teamed up with Putnam County and the Town of Welaka residents in the first large scale county wide clean-up. The goal of the event was to increase physical activity, to reduce cigarette litter; and contribute to a healthier litter-free environment. The event had an estimated 500 volunteers who collected 9,290 pounds of garbage.

Santa Rosa County

Town of Jay

The Town of Jay promotes a healthy and active lifestyle in its projects and sponsored events. The town promotes health through athletics and youth activities with family-oriented outdoor exercise at Bray-Hendricks Park. This 40-acre park is the hub of many family-oriented athletic leagues, and as a result, increased emphasis has been placed on creating a master plan for the park. The Bray-Hendricks Park Master Plan will upgrade all existing fields, courts, and playgrounds. The town is also in the process of renovating the abandoned livestock market into a Farmers Market for local farmers to sell their produce and other locally made food products. The Jay High School Students Working Against Tobacco organization has requested that all town-sponsored events be tobacco-free. With a unified ban of tobacco at public events, both at Jay High School and the Town of Jay, the town will increase the overall health of young adults and reduce future medical costs.

St. Lucie County

City of Port St. Lucie

The City of Port St. Lucie conveys its commitment to the health and equity for all citizens through their environmental and sustainability efforts. For example, the city does a Give-a-Tree, Spread-the-Shade Tree Giveaway at least once a year to encourage all citizens to be environmentally friendly, sustainable, and promote the health benefits of trees. The city also participates in the Healthy St. Lucie Billion Steps Challenge sponsored by the Florida Department of Health in St. Lucie. The city's food council has set out to reduce food insecurity and support a healthier food system with total access for all. Goals for the St. Lucie Food Council include supporting healthy corner stores and farmers markets in food deserts and encouraging "gleaning" and other food recovery practices to reduce food waste. Additionally,

the city developed a community garden with 44 garden plots for fruits, vegetables, herbs, and flowers. The community gardens are accessible via the public transit system and network of sidewalks.

Union County

Union County

Union County's collaborative efforts help to provide access to services, facilities, and programs that have a significant impact on individual and community health. The county regularly supports the prioritization of maintained walking and biking trails throughout the county. Trails and sidewalks provide easy access to city parks, including Lake Butler lake, and other amenities, including local healthy, affordable, and culturally appropriate groceries and food stores. The Local Planning Agency and Planning and Zoning Board have adopted a policy that allows zoning for vendors selling fruits and vegetables in the county. The county is also in the process of implementing plans that support free physical activity opportunities for all residents to promote health and wellness within the county.

City of Lake Butler

The City of Lake Butler is responsible for the upkeep of the biking and walking trail, which runs from Union County to Putnam County. One of the city's three parks, Westside Park, is located directly in a low-income neighborhood. The city's local physical activities and community sponsored events are promoted to all people, including those that live in low-income areas.

Volusia County

The City of Deltona

The City of Deltona is constantly looking to expand trails and pedestrian facilities within the city. Trails support physical well-being and healthy habits by creating a space to walk, run, bike or jog in a natural setting within the urban environment. For example, the city works aggressively to address sidewalk and trail maintenance and repairs. Additionally, a major paved shoulder initiative has been undertaken by the city. The initiative will result in bike lanes on the shoulder of all thoroughfares.

Orange City

Orange City promotes healthy behaviors by creating a safe environment to practice physical activity and increasing access to healthier foods. The comprehensive plan includes several provisions that encourage a diverse mix of transportation modes by requiring a hierarchy of interconnected streets for different traffic characteristics, internal mobility corridors designed as complete streets, and transit-ready development. The plan also requires that development along major transit corridors provide external transit shelters and sidewalks that link to internal pedestrian and bicycle paths within the development. Orange City was selected as a pilot city for the Walkability Action Institute (WAI). The WAI prepares interdisciplinary teams to pursue

policy, systems, and environmental (PSE) supports for walking and walkability. Six of the city's seven parks are in low-income areas and three parks have playgrounds. For example, Colin's Dream, which is a community-led initiative at Coleman Park, received a grant to build a skate park in Orange City for the youth. The city also allows community gardens as a responsible and customary accessory use in most cases; for instance, the community garden at AdventHealth campus is currently under construction.

City of Port Orange

The City of Port Orange Comprehensive Plan and Land Development Code has requirements geared toward city connectivity with trails, bikeways, and wide sidewalks. The comprehensive plan also follows the Safe Routes to School (SRTS) approach to promote walking and biking to school through infrastructure improvements, enforcement, and safety education. All of the city's new parks and playgrounds are built with an inclusive design that provides physical accommodations, engagement, and integration for all children. Additionally, city parks have fitness equipment that is free to the public. To support the health of city employees, the city has established a wellness policy that allows employees to take an extra 15 minutes during lunch hours, three days a week, for fitness-related activities.