



Alachua County

- Alachua County's Comprehensive Plan includes a health element that address access to physical activity and nutritious food. The County has sidewalk/bicycling projects underway for completing segments near Wiles Elementary and Kanapaha Middle Schools and has recently adopted new regulations allowing mobile fresh food markets to operate on mixed use and nonresidential properties.

Bay County

- Bay County Parks and Recreation has committed funding for the construction of an Americans with Disabilities Act (ADA) -inclusive playground for the 2017 Fiscal Year. The playground, aimed at ensuring special-needs children have a safe and fun place to play, will be completed within the coming year at H.G. Harder's Park in Bay County.

Bradford County

- Bradford County is working to receive future state funding for road and sidewalk projects, and has established a process to evaluate county infrastructure, including sidewalks, to ensure Americans with Disabilities Act (ADA) compliance and to make any necessary repairs.

Broward County

- Broward County has adopted new "Complete Streets" design standards that support national and local best practices to ensure that streets are planned, designed, operated and maintained to enable safe, convenient and comfortable travel and access for users of all ages and abilities, regardless of their mode of transportation. The County's Complete Streets standards allow for lane reductions, narrower lane widths, roundabouts and other design elements that result in lower operating speeds where appropriate so that all users are safer and feel more comfortable to be physically active.

Charlotte County

- Charlotte County aims to improve the health of all citizens. The School Board of Charlotte County enforces a wellness policy for students, faculty, staff and families that promotes healthy habits regarding physical activity and nutrition. The County encourages community gardens, and actively collaborates with local agencies and citizens groups to create and use gardens to improve the health and quality of life of residents.

City of Apalachicola

- The City of Apalachicola has partnered with local vendors to establish the "Apalachicola Farmers Market". The Market is located at Apalachicola's Mill Pond Pavilion and is open every second and fourth Saturday of the month. The Market is a good compliment to Apalachicola's Community Garden that has been in existence for many years.

City of Bartow

- The City of Bartow prioritizes health and wellness in their Strategic Plan. The plan provides for active maintenance, upkeep and improvements for the more than 70 parks in the greater Bartow area. The Parks and Recreation Department also has a plan to engage citizens in physical activity events including Zumba, Yoga, group fitness, and bike maintenance classes.

City of Belleview

- The City of Belleview will be working on upgrading recreational facilities at Cherokee Park. Cherokee Park is an underutilized park in a residential neighborhood with limited recreational opportunities. We are planning park improvements that will make it more attractive to residents. We have started by providing a shade structure at the playground. We are considering options to remodel and/or repurpose public facilities. We are exploring funding options to create a walking trail around the park. These improvements will encourage residents to be more active by providing safe exercise opportunities.

City of Boynton Beach

- The City of Boynton Beach is committed to enhancing the overall health and wellness of its residents. The City is currently updating their Comprehensive Plan, Complete Streets Plan and Redevelopment Plan to reinforce this commitment. In addition, the City offers community gardens, promotes mobile vending of fresh produce and has agreements with local schools for public use of sports fields.

City of Bradenton

- The City of Bradenton recognizes the importance of a healthy diet for their citizens. Recently, the City collaborated with several entities to bring a grocery store and other retail businesses to a high priority food desert, as defined by the USDA. The City also hosts a weekly Farmers Market in the downtown core, featuring vendors selling whole, uncut fresh fruits and vegetables. Additionally, the city permits vendors to sell produce on private or commercial property throughout the city, separately from the weekly Farmers Market.

City of Brooksville

- The City of Brooksville is presently amending its Comprehensive Plan to include Complete Streets elements and programs that address the needs of the community for mass transit, pedestrian ways, bicycle paths, roadway capacity, and transportation for the disadvantaged. The goal of the City's Comprehensive Plan Future Land Use Element is to ensure that the character, magnitude, and location of all land uses provide a system for orderly growth and development that achieves a balanced natural, physical, and economic environment, and enhances the quality of life of all residents.

City of Bunnell

- The City of Bunnell supports the local network of walking trails by connecting to neighboring City of Palm Coast and Flagler County trails and sidewalks. It is now possible to walk from Bunnell to Flagler Beach without leaving a sidewalk.

City of Cape Coral

- The City of Cape Coral prioritizes the health and wellness of their citizens and employees. The City offers a free "Lunch and Learn" for employees each month on topics such as stroke prevention, healthy grocery shopping, stress relief, heart disease, "desk-ercise", diabetes prevention and many others. The City also offers reimbursement of gym membership fees to all employees who visit a gym at least 8 times within a calendar month.

City of Clearwater

- The City of Clearwater is committed to community wellness. In addition to hosting events and supporting healthy community initiatives, the City offers the Healthy Choices for a Healthy Clearwater program. This program encourages city employees and residents alike to make at least one healthy choice each day. By registering for the program, participants receive discounts with partnering local businesses and a monthly newsletter with health information and local resources for maintaining a healthy lifestyle. Furthermore, the City maintains both an on-road and off-road network of bicycling routes. The City's trail systems connect cyclists to many areas in the city, making it easier to commute throughout the city with a bike. Clearwater has increased the number of bike racks, added bike fix-it stations to high use areas, and is looking into more options for water drinking and bottle filling stations.

City of Clermont

- The City of Clermont works closely with South Lake Hospital who performs an annual "Community Health Needs Assessment" in addition to information shared from FL Dept Health and Lake County School Board, the City of Clermont develops strategies to augment health equity gaps and is working collaboratively with diverse agencies to develop inclusive economic development practices.

City of Coconut Creek

- The City of Coconut Creek has obtained the Playful City USA designation for four years in a row for its efforts to provide active recreational opportunities, and a Gold Level, Fit-Friendly Work-site Designation for three years in a row from the American Heart Association for its Healthy, Wealthy, and Wise Initiatives aimed at improving the health of its employee base. The City also annually hosts the 5k Butterfly Run/Walk – a USA Track & Field Sanctioned Event and Certified Course.

City of Cooper City

- Cooper City currently has a reciprocal use agreement in effect with Broward County Public School for all the schools within the City. In addition to the shared use agreement, Cooper City also has a Recreation Lease Agreement specifically for Pioneer Middle School and Cooper City Elementary School for the recreation open play areas where the City maintains and makes improvements. These areas allow for increase programming and use for residents.

City of Coral Gables

- The City of Coral Gables encourages its citizens to engage in more active and healthy lifestyles. The Coral Gables Farmers Market, now in its 26th season, is designed as a small outdoor European-style green market, with historic Coral Gables City Hall as a backdrop. South Florida produce is available at the market, as well as healthy baked goods and gourmet specialty foods. The City also has a streetscape project and the goal of the project is to enhance the economic vitality of the downtown district by transforming the City's main street, Miracle Mile and Giralda Avenue to provide a cohesive pedestrian-friendly experience with garden areas, outdoor dining, improved lighting, wayfinding, public art and more.

City of Crescent City

- As part of the Keep Putnam Beautiful project, the City of Crescent City was instrumental in leading the first large scale clean-up on May 21, 2016. Across the county, an estimated 500 volunteers collected 9,290 pounds of garbage. In addition, community partners and local volunteers worked together by land and by boat to clean up the St.

Johns River and the surrounding areas of Crescent City; the Rodman Dam; the East Palatka Trail; Dunn's Creek Bridge and the Palatka Riverfront. The total trash collected was 2860 pounds along the waterways and an additional 375 pounds off St. Johns Avenue.

City of Deerfield Beach

- The City of Deerfield Beach has been recognized as a 2016 Playful City USA Community. The City recognizes the benefits of play and understands physical and cognitive development is realized by offering accessible play to all children under the guidance of the Parks and Recreation Department. The City recognizes it has a responsibility to provide safe recreational facilities and play environments that promotes balanced and active play for all its residents. In addition, The City was awarded the Smart Growth Excellence Award by the Smart Growth Partnership for the Deerfield Beach Complete Streets Guidelines.

City of Delray Beach

- As a coastal city that attracts many guests for the beach and events, the City of Delray Beach strongly encourages multimodal transportation. The City has an adopted a Bicycle/Pedestrian Report to help identify locations where capital improvements are needed to improve the safety of bicyclists and pedestrians. In addition, the City is currently working on a project (Uptown Atlantic) that will provide a grocery store as well as other commercial space and housing in a distressed area of the City. The project will redevelop several blocks that include blighted and underutilized land in this neighborhood.

City of Doral

- The City of Doral actively promotes and implements ways to create a healthy lifestyle. For example, the City has implemented a personal training permit to allow personal trainers to train clients at the city parks and use park amenities, while benefiting from being outside. Because of this commitment to health, the City of Doral has also received the Fit-Friendly Award from the American Heart Association.

City of Dunnellon

- The City of Dunnellon will be constructing a new park that will include bicycle racks, restrooms, benches, drinking fountains that will be a trail head park. It will connect residents to our Cross Florida Greenway trail. We are also looking at more ecotourism options that include implementing healthier environmental options.

City of Fellsmere

- The City of Fellsmere is implementing a Protocol for Assessing Community Excellence in Environmental Health (PACE EH), a method for engaging communities to identify their health concerns, take action on their environmental health problems and improve their health and quality of life. So far, residents have identified a need for more streetlights and sidewalks, and the City has formulated specific action plans to ensure these needs are met.

City of Fort Lauderdale

- The City of Fort Lauderdale adopted a Complete Streets policy in 2013, and continues to work with partner agencies to increase bicycle facilities, add new bike lanes and support and maintain a network of walking routes. As a result, the City has received the Smart Growth Partnership Award for Walkable Communities. In addition, the City has adopted ordinances for allowing mobile fresh produce vending operations, urban farms, and community gardens.

City of Hallandale Beach

- The City of Hallandale Beach received a Healthy Community Zone grant to promote a walkable community, increase access to healthy foods, and support smoking cessation. The City offers a free Mini-Bus service for residents that provides transportation to grocery stores and parks and will soon include a stop at the City's new community garden.

City of Hampton

- The City of Hampton is moving forward with the Rails to Trails project which involves paving surfaces to allow for more walkability for citizens.

City of Hollywood

- The City of Hollywood is committed to providing a healthy environment for its residents as well as its employees. Senior physical activity programs, employee wellness programs, exercise equipment at parks and weight/workout rooms at community centers are just some of the available options. As part of the City's commitment to continually improve the lives of their residents, the City initiated the Get Walking program. This program provides free pedometers at several locations around the City as well as an online map of each location, complete with tips on safe and efficient walking.

City of Key West

- The City of Key West was recently awarded a grant to develop an extensive Bike and Pedestrian Master Plan in 2017 and plans to achieve both the Walk Friendly and Bike Friendly designations. The City also regularly provides vegetable seedlings for residents and partners with the local extension service to teach people how to establish gardens in their own backyards.

City of Lake Butler

- The City of Lake Butler prioritizes maintaining their community's system of parks and network of walking trails. The City aims to implement a program that allows people to rent bicycles to use on Rails to Trails bike paths.

City of Lake Worth

- The City of Lake Worth promotes pedestrian and bicycle activity. The City has already completed four greenway projects and is starting a new project that will convert unimproved roadways into walkable, bicycle friendly paths connecting people to other parts of the city.

City of Lakeland

- The City of Lakeland's Pathways Plan is a blueprint for the build-out of network of trails, bike paths, and sidewalks throughout the city that connect to destinations such as parks, schools, neighborhoods, and commercial centers throughout the metro area. The existing network includes: 311 miles of sidewalks, 46 miles of trails, 69 miles of bike lanes, and 5 miles of share the road routes. In addition, the City offers several farmers markets throughout the community and encourages community gardens.

City of Largo

- The City of Largo has taken several measures to promote physical activity and healthy nutrition for residents. The City incorporates Complete Streets approaches to community design, permits mobile fresh produce vending at recreation centers, provides land for community gardens, and works to provide safe routes for bicyclists and pedestrians to connect neighborhoods to popular destinations.

City of Madison

- With safety in mind, the City of Madison's City Commission has approved policies that require public input before the installation of one-way, two-way, three-way and four-way stop signs and speed bumps. In the past two to three years, the City has installed two sets of speed bumps requested by local neighborhoods. Additionally, the City has installed a four-way stop sign to slow traffic on a busy street that leads to the county hospital, two colleges, a private school, a bank and a residential area.

City of Marathon

- The City of Marathon maintains a number of community parks offering a variety of activities, including playgrounds, basketball courts with lights, volleyball courts, exercise stations, and walking paths. The City is also working on plans for a community garden initiative.

City of Miami

- The City of Miami is actively working on several Complete Streets projects in various neighborhoods around the city. The City has installed speed bumps, traffic circles, and medians in neighborhoods to slow down traffic and encourage active transportation. In addition, the City is working to create new and expand existing bike paths throughout the city.

City of Miramar

- The City of Miramar provides numerous physical activity options to residents of all ages and physical capabilities to enjoy. The park system includes 4 recreational facilities that offer fitness-related classes and programs; 2 large swimming facilities with water park playgrounds; and a state-of-the-art sports complex which is one of only four “Class 2” internationally certified tracks in the United States. The City also features an exercise route within Miramar Regional Park to provide specifically designed as an option to residents and visitors with disabilities. In addition, the City currently works with various organizations to provide free and affordable health screenings, health fairs and offer other opportunities to residents experiencing health inequities. The success of the Miramar Community Garden, the first “micro-farming” system in Broward County, demonstrates the importance of a local food system and healthy living education in low-income neighborhoods.

City of Mulberry

- The City of Mulberry currently offers a free monthly community workout called “Fitness in the Park” and a monthly farmers market called “Market in the Park.” In addition, the City is working towards improving local parks by installing new basketball hoops, playground equipment and sidewalks. The City hopes to supplement these healthy offerings in the future with nutrition workshops, more free community workouts, and even more sidewalks.

City of New Port Richey

- The City of New Port Richey is a Gold Medal recipient from the Let’s Move! City, Towns, and Counties Initiative. The City boasts a newly

redesigned downtown park, a recreation and aquatic center, a community garden, several walking trails. In addition, the City has an ordinance that allows residents to grow goods in their front yards and to share that food with neighbors and to sell to the community. The City plans to offer even more free public health and wellness programs in the parks, including group exercise, walks and running events.

City of New Smyrna Beach

- The City of New Smyrna Beach has two farmer's markets that are privately operated. The city has worked closely with both markets and made changes to its regulations in order to accommodate the markets. One of the farmer's markets operates in the parking area in front of City Hall.

City of Newberry

- The City of Newberry's park system includes 7 parks managed and maintained by the Parks and Recreation Department. All the parks provide some type of active facilities, such as playground equipment and ball fields. A multitude of youth sports and activities continue to be provided; and this year, in response to requests for more adult sporting opportunities, adult leagues are now offered for basketball, softball, kickball, wiffleball, and cornhole.

City of Oakland Park

- The City of Oakland Park encourages physical activity and healthy nutrition for children, adults and senior citizens. The City's Urban Farm offers Americans with Disabilities (ADA) accessible garden beds and educational classes to community members. This Urban Farm has been operating since 2014 and offers a Community Supported Agriculture (CSA) farm share, produce for sale on Saturdays and fresh hydroponically grown greens. There are classes on organic pest management, seed starting, planting techniques and related topics. Cooking demos and community events are held at the farm as well.

City of Orlando

- Through the City of Orlando's Family, Parks, and Recreation Department and the City's Wellness Program, Orlando has partnered with Hebni Nutrition Consultants to teach healthy cooking to City employees and youth who participate in the City's afterschool programs to cook and eat healthy foods. The City, as a founding member of Good Food Central Florida, supports equitable siting of markets. More recently, Orlando was awarded the Farmers Market Promotion Program grant. As part of this application, a new farmers market will be sited in the community of Parramore.

City of Ormond Beach

- The City of Ormond Beach offers a community garden initiative within our Central Park system. In 2015, the first garden opened and two more are being developed. The next is planned to open in the spring of 2017. Gardeners are required to grow edible crops and the staff liaison solicits master gardeners and agriculture extensions to host tutorials and gardening workshops.

City of Oviedo

- The City of Oviedo is installing sidewalks along Evans Square with a grant from BPAC and upgrading the sidewalk along Clara Lee Evans to stimulate pedestrian traffic from the New Downtown to a commercial development that includes a supermarket. Apart from that, Oviedo has a network of walking/biking trails.

City of Palatka

- The City of Palatka has promoted a farmers market at the courthouse for many years and sponsors three community gardens located on city property throughout the core of the city and convenient to neighborhoods. Recently, the City amended its Code to allow produce trucks to sell fresh food within the city limits. In addition, bus stops are conveniently located throughout the City that allow citizens to make round trips to local grocery stores and community gardens.

City of Palm Bay

- The City of Palm Bay developed a U-Matters Wellness Program whose mission is to promote awareness of healthy lifestyle choices and to provide structured programs, education and resources to support improvement of the overall health and wellbeing of employees and their family members in each of five key dimensions that compromise the “U” Matters Health & Wellness Program. The City has partnered with businesses in the Community in each of the five areas of the program, Physical, Emotional, Social, Financial, and Professional. The Program encourages employees to combine the five dimensions of well-being into one single, quality way of living.

City of Panama City

- The City of Panama City adopts a Wellness Plan every year in October, approved by the City Commission. The City supports all local nutrition and physical activity events, maintains parks equipped with playgrounds, basketball courts, splash pads, and soccer fields and even offers healthy vending machines in several government buildings.

City of Pensacola

- The City of Pensacola promotes and supports physical activity for all citizens. The City maintains an inter-local agreement for shared use of recreation facilities with the Escambia County School District, allowing for afterhours public use of the facilities. In addition, the City currently organizes a monthly “slow ride” where hundreds of bicyclists cruise the streets of Pensacola with the assistance of a police escort. In the next year, the City would like to increase the amount of participants in the monthly slow ride and start an annual Cyclovia event. Cyclovia Open Streets is a day which temporarily closes major city streets to car traffic and converts them to safe and open, car-free environments for families to run, rollerblade, skateboard, bike, and play together.

City of Pinellas Park

- The City of Pinellas Park promotes and supports the physical, emotional, and mental development and sustainability of all residents and visitors of the City. There are several fresh produce markets

located throughout Pinellas Park that implement federal food assistance programs. These markets are within walking distance of assisted living facilities and safe pathways are available to residents. The City also proudly owns and maintains seventeen public park properties. 100% of these facilities offer a variety of recreational and physical fitness amenities. In addition, the City has adopted a multi-year, multi-phase sidewalk program as part of its Capital Improvement Program.

City of Plantation

- The City of Plantation has twice been named one of America's Alliance "100 Best Communities for Young People," which considers opportunities for physical activity and nutrition as part of its award criteria. The City has built and maintains nearly 15 miles of recreational trails throughout the City that connect shopping centers, post office, restaurants, etc. to residential neighborhoods. The trails are for non-motorized traffic and are to be used for bicycling, jogging, walking and in-line skating. In addition, the City operates farmer's market in a prime location allowing convenient access to the market for thousands of residents and visitors.

City of Port St. Joe

- The City of Port St. Joe has a Gulf ARC, transportation organization that has an active board that receives federal and state funding, that board is involved in engaging our community needs. The Gulf ARC provides transportation from low income areas to our farmers markets. The City also provide buildings and support for our low income food pantries in those areas.

City of Port St. Lucie

- The City of Port St. Lucie's Community Garden opened in October 2015, and is a half-acre site which was developed through the assistance of Community Development Block Grant (CDBG) funding. There are 44 garden plots where the public may grow organic fruits, vegetables, herbs and flowers. Four additional plots are wheelchair accessible and are situate. Currently, almost all 48 plots have been registered for use by residents.

City of Sanford

- The City of Sanford shall prepare a plan for developing bicycle and pedestrian ways which connect residential areas to recreational areas and major activity centers. The plan shall include programs for implementation and funding sources and shall be consistent with roadway improvement plans identified in the engineered transportation master plan.

City of Sanibel

- The City of Sanibel has only 62 miles of public roadways, but boasts over 25 miles of shared use paths. Bicycles are used extensively within the City primarily for recreation and, to a lesser extent, as a form of transportation to school, work, shopping and recreational sites. The City of Sanibel Recreation Center and Center4Life both offer a variety of physical activity options as well as complimentary community health screening and educational sessions. Additionally, the City has an interlocal (shared use) agreement with The Sanibel School for the use of the gymnasium, ball fields, pavilion and playground.

City of Sarasota

- The City of Sarasota strives to provide environments conducive to a healthy lifestyle. In fact, the City has a goal that every resident in the region be able to experience a park within a 10-minute walk as well as a goal for pedestrians, bicyclists, motorists and bus riders of all ages and abilities to be able to move safely along and across streets within the City Limits. The City offers a variety of healthy initiatives and programs for the community including fitness competitions, a Safe Routes to Schools Program, four community gardens and a twice-monthly Yoga in the Park event.

City of Satellite Beach

- The City of Satellite Beach is planning to create a kids triathlon event, create a Satellite Beach running club, create an adult softball league, and create a comprehensive plan element dedicated to healthy living.

City of Starke

- The City of Starke has numerous neighborhood parks that provide physical activity opportunities. The City is also currently planning to implement bike and walking trails.

City of Tallahassee

- Through the Parks and Recreation Department, the City of Tallahassee Senior Center is continuing to work on their AARP Age Friendly Community membership. The City will develop an action plan in 2017 with suggested improvements toward being more age friendly. The top three domains citizens said were important to them (housing, transportation and streets, and health & wellness) are being reviewed. An educational program day is scheduled for each domain with a second day scheduled to develop suggested actions to be taken. The timeframe is to complete the Action Plan by June 2017.

City of Venice

- The City of Venice has recently been recognized as a Silver Bicycle Friendly Community by the League of American Bicyclists for the second time. This award was earned based on the multiple bike/pedestrian enhancements made throughout the city. Multi-use trails and bike lanes provide access to downtown shopping, restaurants, festivals, and parks and recreation facilities. The City maintains a system of 37 parks complete with beach access, playgrounds, jogging paths and nature trails.

City of Weston

- The City of Weston has built and maintains over 46 miles of marked bike lanes to assist and protect cyclists. The extensive system of bike lanes connects cyclists to commercial and private neighborhoods, schools and city parks. In 2015, the City initiated the installation of three Fixit Bike Repair stations along the most heavily traveled bike routes, and in 2016 added an addition two Fixit Bike Repair stations in City parks along the routes to assist cyclists with simple repairs. The City also promotes various markets throughout the community

and encourages healthy eating through a weekly community newsletter series.

City of Wilton Manors

- The City of Wilton Manors acknowledges the importance of a healthy diet. The City operates a Green Market within a designated low-income neighborhood and provides a bi-weekly farmers market. The City's Leisure Services Department operates a program for children involving nutrition education and hopes to expand and enhance their current senior wellness program.

City of Winter Garden

- The City of Winter Garden has a Community Garden and Farmer's Market. The Tucker Ranch Farm will incorporate community gardens that will be available for all City residents to utilize. In addition, the City is exploring a partnership with a Fleet Farming group to help community members transform their unused lawns into productive farm plots with the help of volunteers.

City of Winter Haven

- The City of Winter Haven hosts over 170 special events each year for the community, many of which focus on healthy eating and active living. This includes 10k and 5k races, farmers markets, and downtown fitness events. The City recently established a downtown community/co-op garden to provide healthy food to residents. The proceeds from the garden are then donated to provide meals for the needy and homeless. In an effort to provide additional opportunities for the Winter Haven Community to be active, the City plans to construct a new tennis complex, multiuse fields, a downtown park and various Complete Streets projects.

City of Winter Park

- In the City of Winter Park partners with the Bicycle and Pedestrian Board to provide a bicycle valet program for all special events. This encourages attendees to ride their bicycles to city events, and it gives them a place to check-in their bikes while visiting the event and/or the

shops and restaurants downtown. A Road Race policy permits 10K run/walk events hosted by nonprofits throughout the year to take place on streets closed to vehicular traffic during the race.

Collier County

- Collier County has an award-winning park system. The Parks and Recreation Division won the 2016 Agency Excellence Award from the Florida Recreation and Parks Association. Perhaps the most impactful development in 2016 was the upgrade to the County's pickleball facilities for the 2016 U.S. Open Pickleball Championships. This event was the largest pickleball tournament in the world with over 800 participants and 10,000 spectators. These upgraded facilities are open to the public and further improvements are currently underway.

Columbia County

- Columbia County actively promotes a healthier lifestyle for their citizens. The County has 12 miles of walking/hiking trails and partners with the Columbia County Health Department to provide and facilitate a local farmer's market for the citizens.

DeSoto County

- DeSoto County Board of County Commissioners added a Traffic Circulation Element annex to their Comprehensive Plan. This annex describes the County's direction to develop a pedestrian and bicycle improvement/construction program and to conduct a countywide inventory of existing sidewalks, crosswalks and other pedestrian facilities.

Flagler County

- Flagler County promotes and supports healthy nutrition through various programs. For employees, Flagler County's CareHere facility has a nutritionist and web site available to staff to make healthy lifestyle choices. In addition, Flagler County maintains more than 20 parks and recreational facilities and has plans to continue to move forward with additional developments through 2035. The Flagler

County Comprehensive Plan includes a Recreation and Open Space Element which provides for access to facilities associated with physical activity.

Gadsden County

- Gadsden County has a Health Council that is comprised of over 60 partners representing organizations that tackle health issues in the county. This group has met monthly for more than ten years. Gadsden County was selected this year to receive a Robert Wood Johnson Foundation “Health Coach” that meets twice monthly with a working group and is developing a Health in All Policies Strategy.

Glades County

- Glades County is working on an exciting new improvement project to promote physical activity. The Moore Haven Canal Project will make improvements along the canal, including 7 miles of new walkways, picnic facilities, and covered pavilions.

Hendry County

- Hendry County was recently awarded a technical assistance grant to identify and prioritize core initiatives for economic and community development. Five core initiatives include: Infrastructure, Housing, Education/Workforce Training, Health and Human Services, and Commercial/Community Development. The County was also recognized as a “National Outdoor Exercise Demonstration Site” by PlayCore. The outdoor equipment promotes physical activity for the adults who may be supervising their children on the playground.

Highlands County

- Highlands County is proud of its system of parks which encompasses 49 parks, including 39 boat ramps and approximately 1,488 acres of park land. There is a total of 15.11 miles of maintained trails system and 18 existing trailheads in Highlands County. In addition, the County allows for mobile cart vending for fresh produce and offers a community garden in the Avon Park Housing Authority.

Islamorada, Village of Islands

- Islamorada has a culture of health and is a popular destination for cycle racing and distance running. The Village recently installed new outdoor gym equipment at a local park and has made improvements to park playgrounds. There is a limit on fast food density in Islamorada, and pop-up farmer's markets are operated at different times and locations throughout the Village.

Jefferson County

- Jefferson County is looking to develop their Family's in The Park Program. This community-driven family event would be held each quarter and would include county sponsored movie nights, movement activity nights, or other enrichment activities. Families can come together with neighbors from across the county to view a theatrical program and enjoy the outdoors with local flavor or participate in a movement competition or a low-intensity activity.

Leon County

- Leon County has been recognized with multiple health and wellness designations:
- Tallahassee and Leon County were designated as the first Dementia Caring Community, a pilot program of the Florida Department of Elder Affairs' Dementia Care and Cure Initiative – 2016.
- American Planning Association's Great Places of Florida award for Cascades Park –2016.
- Tallahassee was designated a Runner Friendly community by the Road Runners Club of America – 2016.
- Lake Jackson was designated for the 1st Leon County Blueway Paddling Trail.
- The Parks and Recreation Department was awarded the Florida Sports Foundation Venue of the Year for Apalachee Regional Park/mid-sized market.

Madison County

- Madison County has built a 12-mile Rails to Trails paved trail and has added a playground to a section of the trail. The County has a Recreation Department and several different types of parks, ball fields and playgrounds.

Manatee County

- The Manatee County Board of County Commissioners recently adopted a resolution proclaiming a culture of health for the organization and the community. The County offers ample opportunities for active living for its citizens through Complete Streets policies, bicycle routes, greenways, and an extensive network of parks. In addition, farm stands are located throughout the County and include markets that sell fish, produce, dairy products, herbs, honey, fruits, and vegetables. Manatee County will continue to focus on collaborative ways to engage more residents in healthy lifestyle by focusing on areas that have limited resources and creating innovative ways to meet the needs.

Marion County

- The Marion County Board of County Commissioners' "Health Happens" Wellness Program continues to promote and support physical activity initiatives throughout Marion County for employees, employee spouses, employee dependents and the community. Some of these initiatives include health education, physical activity challenges, promotions of community physical activity events, and distributions of maps of parks, walking paths, and other areas that promote and support physical activity. The "Health Happens" Wellness Program completed phase I and 2 of a multiphase project that included clay walking trails, outdoor fitness stations, stretching stations, rest stations, and water stations. In addition, the "Health Happens" farmers provides healthy and affordable food and gardening options such as fresh produce, honey, seafood, and local nursery vendors. The market is open to the community and is advertised as a healthy venue option for the county.

Nassau County

- The Nassau County Government has adopted numerous programs to encourage healthy eating and physical activity. The Nassau County Extension Office and School Board host the “Eat Smart, Be Active” Class, a series designed to teach participants how to plan healthy snacks and meals, control portions and how to become more physically active.

Okeechobee County

- Okeechobee County has developed both a sidewalk master plan and a recreation master plan and has coordinated with the Department of Transportation to expand State Road 70E to include a biking trail. Various public walking trails are readily available to residents and visitors and are kept in proper condition. In addition, the County also allows for mobile fresh produce vending and working with the City of Okeechobee to open a farmer’s market.

Polk County

- Polk County has adopted Complete Streets guidelines into its Comprehensive Plan and is developing land development regulations to support these guiding policies. In addition, through a partnership called Building a Healthier Polk, the County works with the School Board, health practitioners, educators, and community leaders to increase physical activity and reduce chronic illness related to inactivity. Polk County has also partnered with their local Florida Chapter of the American Planning Association to help establish six community gardens over the past four years. This effort brought together public and private sector planners, non-profits, and residents to improve nutrition and exercise through gardening in numerous communities throughout Polk County.

Putnam County

- In Putnam County, the Keep Putnam Beautiful Project has placed several community gardens throughout the County. In collaboration with the local Ag Center and the UF-IFAS program there are two community gardens in schools and one at the Edgar Johnson Senior Center.

Sarasota County

- Sarasota County's Comprehensive Plan supports a built environment that creates healthy lifestyles through a variety of land use types, streets that connect to amenities, a well-connected system of sidewalks, bike paths, trails and similar facilities that encourage physical activity. In addition, there are currently 12 community gardens, 13 farmers markets, and several mobile vendors providing fresh produce throughout Sarasota County.

St. Johns County

- In recent years, public transportation providers within St. Johns County have expanded route coverage to offer residents county-wide with increased access to major and local retailers offering healthy food options. In addition, farmer's markets around St. Johns County are located within walking distance to bus stops and offer bicycle parking, making these venues highly accessible and affordable to reach.

St. Lucie County

- St. Lucie County is committed to good health and overall wellness for its citizens. St. Lucie County's Environmental Resources Department hosts weekly winter Nature Series with guided, educational hikes, typically starting in October and continuing through May each year. These free programs give participants an opportunity to explore some of the 42 miles of hiking trails that are located throughout the county's nearly 11,000 acres of Environmentally Significant Lands. In addition, the Healthy St. Lucie Coalition is moving forward with a Community Health Improvement Plan that focuses on eating healthy from birth, eating healthy for life and moving more and feeling better.

Town of Brooker

- Town of Brooker is applying for a Florida Recreation Development Assistance Program (FRDAP) grant and hopes to have a playground area with walking trail.

Town of Cutler Bay

- The Town of Cutler Bay implements a Bicycle and Pedestrian Master Plan. The Town actively improves its existing sidewalk network connectivity by implementing ADA Ramps on all resurfacing projects and sidewalk improvement projects, and implements bicycle lanes on full Roadway reconstruction and improvement projects on the Towns arterial and collector roads as part of a Complete Street design. The Town of Cutler Bay also has a community garden located in one of the parks and will be opening a Senior Center in 2017 which will include a gym and offer fitness classes.

Town of Eatonville

- The Town of Eatonville passed a resolution with a plan to extend walking paths through the towns north and south of Eatonville. In addition, the Town encourages community garden initiatives and has a strong partnership with Healthy Eatonville (a community non-profit organization).

Town of Indialantic

- The Town of Indialantic identified gaps in the existing sidewalks and filled these gaps to ensure that there exists an inter-connection of sidewalks and paths. Additionally, the Town is in the process of implementing a grant funded program to prepare a Sidewalk Master Plan. The Town also partners with the Rotary Club in an annual Witch Way 5K Run and are currently working on the 9th annual event to promote and support physical activity.

Town of Interlachen

- The Interlachen Town Council recently approved funding as part of the town's Better Place Plan to give Hastings Park a much needed facelift to attract more families to visit and participate in physical activity.

Town of Miami Lakes

- Connectivity is key in the Town of Miami Lakes. A new mobile app available for the Town's residents includes a "Pedestrian Perspective" feature. This app allows residents to submit their concerns regarding unsafe bike paths, incomplete sidewalks and missing bus stops. The Town also engages the community through surveys, forums, and workshops when planning community development projects or future programming opportunities. In addition, the Town offers ongoing fitness and nutrition programs for youth, adults and seniors in the community all at no cost.

Town of Penney Farms

- The Town as a whole places great emphasis on physical activity and a healthy lifestyle. Outdoor activities are encouraged. There are several walk-a-thons that take place in the Town and now an annual 5k Race in the fall. The retirement community has a 9-hole golf course available to residents, as well as a fitness room and indoor pool. There are many activities that are available such as tai chi, square dancing, line dancing, exercise classes, and water aerobics. The retirement community has received the Gold Seal for Excellence from the State of Florida, for seven years in a row.

Town of Pomona Park

- The Town of Pomona Parks owns and maintains a swimming area called Middleton Beach. Middleton Beach also has a playground and picnic facilities. Pomona Park owns and maintains a ball park called Willard Hazen Ballpark which has 3 ball fields, a batting practice facility, playgrounds, and a fitness trail. Additionally, the Pomona Park Community Center hosts a vibrant senior citizen program which offers chair volleyball and line dancing each week.

Town of Ponce Inlet

- The Town of Ponce Inlet maintains a network of sidewalks along the major roads and in many residential streets. In addition, the Atlantic Ocean Beach within town limits is part of the designated "World's Most Famous Beach" Walking Trail. Finally, many of the town's parks feature networks of hiking/walking trails and walkways through natural dune systems, wetlands, and forest.

Town of Redington Beach

- The Town of Redington Beach is only one mile in length. However, the Town's four parks provide adult exercise equipment, playgrounds, a soccer field, basketball courts and shuffleboard areas. In the future, the Town will work toward attaining the Walk Friendly Community designation, the Gold Medal for Excellence in Parks and a recognition award from the Alliance for Healthy Cities.

Town of Welaka

- Excitement and participation in Pickle Ball continues to grow in the Town of Welaka. Pickle Ball is a racquet sport that combines elements of badminton, tennis and table tennis. Two local parks have Pickle Ball courts and the Town may add another court. The Town is also entertaining the idea of closing 5th and 6th streets for future Pickle Ball tournaments.

Union County

- In Union County, the OJ Phillips Recreation Center serves as the premier location for physical activity offering numerous ball fields and facilities. The County just received a Florida Recreation Development Assistance Program (FRDAP) Grant to improve the Center and attract more local visitors.