



Alachua County:

- The Alachua County Mobility Plan links specific long-range multimodal transportation plans with standards and incentives for mixed-use, transit-oriented development and traditional neighborhood development within the designated “Urban Cluster”.
- Alachua County School Food and Nutrition Services at was awarded the USDA Farm-To-School Grant. Fifteen schools will receive produce from local farms and many others will use their own garden produce in school meals.
- The County participates in the United States Department of Agriculture (USDA) Fresh Fruit and Vegetable Program, which serves healthy snacks to students in five local elementary schools.

Broward County:

- Broward County continues its partnership with the Broward Metropolitan Planning Organization (MPO) to implement the MPO’s 2035 Long Range Transportation Plan. The plan prioritizes transit hub locations and consequently, all needed bicycle and pedestrian facilities associated with the hub are being placed into the work program for construction. Over 30 miles of bicycle and pedestrian facilities have been created in 2014.
- The “Complete Streets” program, approved by Broward Commissioners, continues to create streets that are safer for pedestrians and cyclists. Broward County continues to link these improvements to transportation centers. The overall mission of the plan is to ensure that a diversity of uses (e.g., street festivals, farmers markets, public gatherings) are accessible for everyone, including bicyclists, pedestrians, public transit riders, and motorists.
- All County food service contracts contain healthy food choices requirements, and 100-calorie packs of juices and water are available in office vending machines.
- Through the Broward Regional Health Planning Council’s “Transforming Our Community’s Health (TOUCH)” Initiative, emphasis has been placed on increasing access to locally grown produce and encouraging county-wide “farm-to-table” efforts. A “Buy Local Broward” promotion, which began in January 2014, includes specials at area restaurants featuring locally produced food items; educational events about how to prepare locally grown foods; outreach and promotion of access to healthy foods, particularly in at-risk communities; and media coverage focusing on the importance of locally grown foods.

Calhoun County:

- New sidewalk construction has taken place throughout Blountstown. The Greenway Trail was built and is maintained by City and County Employees. Altha Recreational Center maintains a walking trail.
- The Department of Health works with FaithHealthEdEcon (FHEE) to develop community gardens and provide opportunities for residents to receive Master Gardener Certifications.
- The Department of Healthy also facilitates a community-wide 12 week fitness/weight-loss challenge, FLASH (Fit Lifestyle Active Strong Healthy). This challenge provides activities four days per week to encourage healthy lifestyles. Activities provided include tai chi, Zumba, boot camp (strength training), line dancing, and running/walking. Weekly healthy meal plans and nutrition guidance are also provided to participants.

City of Apalachicola:

- Apalachicola has a fit-trail along one of its most accessed park locations downtown and plans to create another fitness trail at the Mayor Van W. Johnson, Sr. Recreation and Community Service Complex Community Center, as part of Franklin County's Healthiest Weight initiative.
- All parks have active facilities, with most connected via multi-use trails.

City of Archer:

- The City of Archer maintains the Trail Head of the Archer Braid Trail. The City also works with the Department of Transportation to clean up sections of the trail heading out of the City of Archer. A special program, through the Department of Public Works, ensures that hazards are removed from bike paths and bike lanes.
- The City is working on updating street design standards to slow traffic and make safer for pedestrians.
- The City works with the Department of Transportation to implement Safe Routes to School.

City of Bradenton:

- The City of Bradenton maintains nine parks, both passive and active, for a total of 63.9 acres. The majority of these parks include active facilities such as tennis courts, basketball courts, baseball fields, football fields, skate parks, playgrounds and splash pads. They are repaired, maintained, and upgraded by city staff, using city resources.
- Bus stations are provided within ½ mile of most residential areas. A new bus station was developed in downtown Bradenton, featuring local art and architectural design features. The goal of the design is to create a pleasant atmosphere which will encourage increased use of public transportation.
- The implementation of pedi-cabs and trolleys into the downtown core is underway as part of a current project to expand the Village of the Arts (a multi-use neighborhood bordering the downtown core and featuring local artisan shops and services.)
- To improve safety in pedestrian areas, the Bradenton City Police Department oversees a very active neighborhood watch program, and the Department of Public Works provides pedestrian street lights.

City of Cape Coral:

- City is providing signage for 90 miles of bike routes that interconnect the City's park system.
- Engineering design standards and land use and development regulations were adopted to ensure that new and redeveloped roadways would facilitate multi-modal transportation. To date the City has: 202 miles of sidewalks, 110 miles of bike lanes, 9 miles of bike paths, 3.75 miles of multi-use paths and 90 miles of signed bike routes.
- The City of Cape Coral's Parks & Recreation Department has a Summer Camp Fitness and Nutrition Policy. It commits to providing at least 60 minutes of physical activity a day to children participating in the camp. In addition, camps serve water, milk and juice. No soda is given to children.

City of Clearwater:

- Clearwater has worked to revitalize the downtown and beach areas by working on the streetscape. The City has built wider sidewalks, narrower roads, landscaping, medians, mid-block median bulb-outs and public art to make the city more attractive, safe and comfortable for pedestrians and cyclists.
- The city has a speed hump traffic calming program, intended to improve the safety and livability of residential districts.

City of Coconut Creek:

- The City has adopted complete streets guidelines and reviews all new or redeveloped roadways for consistency.
- The City of Coconut Creek maintains 16 city parks, a Community Center, and a Recreation Complex. Five of the parks/buildings have athletic fields, 6 with basketball, 2 with a boat dock, 2 dog parks/paths, 2 fitness facilities, 1 hockey rink, 11 jog/walk paths, 5 with pavilions, 8 with picnic areas, 14 with playgrounds, 2 with racquetball courts, 3 with tennis courts, and 5 with volleyball courts.
- The City recently completed a walk audit for Lyons Road, the City's main thoroughfare, through the Urban Health Partnerships.

City of Crescent City:

- The City works with the Department of Transportation to create a multi-use trail in that provides a loop for bicycles and pedestrians.
- Public transportation is available within ½ mile in 100% of low income communities and 80% of the other communities in the City.
- The City recently adopted mobile food vendor regulations to allow this type of activity in the commercial zoning districts.

City of Deerfield Beach:

- The City maintains and expands a network of sidewalks citywide through the Annual Sidewalk Repair and Installation Program, which identifies damaged sidewalks for repairs and gaps in the sidewalk network to be filled in with new segments of sidewalk.
- The City maintains approximately 320 acres of developed & undeveloped parkland, medians, swales, parking areas, retention areas, and miscellaneous sites at over 180 locations.
- The City, through its Parks and Recreation Department offers programs such as summer camp, seasonal camps, and after school programs. As part of the curriculum for these programs, daily "active play" for the participants is included.

City of Doral:

- The City created Get Fit Doral, which is a city wide health & wellness initiative aimed at creating awareness of health related issues that affect the community. As part of this initiative, different programs and events are held throughout the year including a free 10-week wellness challenge, a city 5K run/walk, and various physical activity programs at an affordable cost to residents and City employees.
- The City's Trolley system makes frequent stops around the City including stops near supermarkets and the farmer's market in Doral which is home to a community garden as well. The trolley is provided at no cost to the public, allowing everyone, regardless of socioeconomic status or location, access to local businesses, supermarkets and farmer's market.

- In 2012, a City ordinance was passed requiring food and beverages sold in City vending machines and at City-owned concessions to meet specific nutritional requirements. At least 50% of foods for sale must meet the 35-10-35 standard (less than 35% fat, less than 10% saturated fats and less than 35% of total weight from sugar) and not be more than 175 calories per individual food item.

City of Fernandina Beach:

- City has an agreement with a local farmer's market to operate in the downtown area every Saturday morning.
- City is a Bronze Level Bicycle Friendly City, and has routes connecting community facilities, businesses and residential areas.
- The City was recently awarded a grant from the Department of Economic Opportunity to complete its Parks and Recreation Master Plan. The Master Plan includes educational programming that highlights the importance of health and fitness.

City of Ft. Lauderdale:

- The City Commission adopted a complete streets policy in October 2013 which won national recognition from Smart Growth America's National Complete Streets Coalition, who ranked the city 3rd in policies adopted in 2013.
- The City has developed a digital system called *Lauderserve* that allows residents to submit hazards to walking and biking.
- The City supports physical activity for seniors by providing them with opportunities to engage in social and fitness activities like yoga, Pilates and nature walks.

City of Ft. Walton Beach:

- The City implemented a downtown pedestrian project that created crosswalk striping, pedestrian islands, improved crosswalk lights and electronic speed feedback for traffic control.
- The new "Bud Day Trail" features a trail that connects parks to residential and commercial zones.
- The City sponsors a wellness program for employees that encourages physical activity and healthy lifestyles.

City of Hawthorne:

- The City maintains a network of walking trails that include Little Orange Creek Nature Park and the Hawthorne to Gainesville Trail.
- The City also boasts community gardens in several zoning districts.

City of Jacksonville:

- Out of 396 total parks in the City of Jacksonville (COJ) parks system, 333 are considered active parks totaling 8,117 acres.
- As a part of Jacksonville Transportation Authority's Mobility Works Program, COJ is planning and implementing \$15 million in targeted safety, mobility and accessibility improvements within ¼ of high frequency transit corridors.

City of Jasper:

- The City of Jasper constructed a mile-long fitness and walking trail through the center of downtown Jasper. The trail includes a portion of the old Atlantic Coast Line Railroad bed.

City of Lakeland:

- The City adopted a complete streets resolution. Their comprehensive plan now requires complete street design in new, rebuilt and retrofitted roadways to enable walking, biking and access to mass transit.
- The City maintains 1450 acres of active parkland with a park staff of approximately 150 employees. The park system consists of neighborhood parks, community parks, urban parks and scenic areas.
- The City also maintains baseball fields and stadiums, playgrounds, fishing piers, softball fields, basketball courts, tennis courts, football fields and stadium, soccer fields, walking/jogging trails, nature trails, restrooms, picnic pavilions, shuffleboard courts, fountains and pools, volleyball courts, public art, a botanic garden, amphitheater, historic sites and a nursery.
- In May 2013, the City adopted a Healthy Communities component into the comprehensive plan future land use element. This component addresses the need to consider the health of residents when planning for new development and redevelopment. The City's goal is to develop and revitalize their communities by providing convenient access to recreational opportunities, safe active transportation options, access to nutritious food choices and aging-in-place opportunities so residents are able to live active, healthy lives.

City of Largo:

- Largo offers a community garden at the McGough Nature Park. Users are encouraged to plant, tend, and harvest their own fruit, herbs and veggies on 4x8 or 4x16 plots.
- The City's farmer's market operates each Friday night from September-May on city property at Largo Central Park.
- The City of Largo has a contract with the Honest Eats Healthy Vending company to offer healthy options at its recreation facilities.

City of Live Oak:

- The City of Live Oak has two systems in place that review sidewalk maintenance. City employees perform an annual visual review of the sidewalks by physically walking high-traffic routes.
- Approximately 90% of the City's parks provide active facilities such as ball fields, exercise equipment and playgrounds.
- The City relocated its farmer's market to the downtown area to allow for better accessibility. The market accepts Supplemental Nutrition Assistance Program (SNAP) food stamps and is working towards accepting SNAP debit cards for electronic transactions.

City of Madison:

- The City maintains six parks that provide recreation for all ages. The parks include playground equipment, a skateboard ramp, a football/soccer field, basketball courts and a walking trail with exercise stations

City of New Smyrna Beach:

- The City owns and maintains several parks. Playground equipment at these parks has been upgraded and/or added within the past 5 years. Ninety percent of parks provide active facilities.
- For a fifth year the City is offering the Mayor's Fitness Challenge (MFC). MFC is a community-based wellness program that includes families, hospitals, local businesses, schools and neighboring communities to promote healthy lifestyles.

City of Newberry:

- The City has implemented a complete streets program.
- The City supports and promotes sports and sports tourism, endorsing an active lifestyle through provision of ongoing sports and exercise programs for youth and adults. Numerous programs are offered at the Easton Newberry Sports Complex (a designated official Community Olympics Development Program Center), Diamond Sports Park, Newberry Nations Park, City Municipal Building, Newberry Main Street Offices, and neighborhood community centers and parks.
- The City promotes farmer's markets, farm/produce stands, mobile markets, and community gardens as venues for healthy foods. The City's Mobile Vendor Ordinance provides for mobile produce cart vending and sidewalk produce stands.

City of Oakland Park:

- The National League of Cities (NLC) has recognized the City of Oakland Park for recent completion of key health and wellness goals for *Let's Move! Cities, Towns, and Counties*.
- All City road construction and reconstruction projects follow complete streets policies to provide safe routes for all modes of transportation.

City of Orlando:

- City operates numerous public athletic facilities including 115 parks (several with fitness trails, community gardens and boat docks); 47 playgrounds; 66 ball fields (soccer, football, baseball, etc.); 7 indoor gymnasiums; 49 outdoor basketball courts; 43 tennis courts; 10 volleyball courts; 11 swimming pools; a skate park; 2 disk golf courses; a children's farm; boating and fishing facilities; and 8 fitness centers. It offers a variety of fitness programs at 21 community centers, including Zumba, karate, Pilates and yoga.
- SunRail, Central Florida's first commuter rail system, demonstrates the area's commitment to improving mass transit opportunities.
- The City is studying access barriers to mass transit in low-moderate income neighborhoods. The goal of the study is to provide recommendations on improving bike and pedestrian access as well bus stops and headways, pursuant to input from the public.
- Get Active Orlando's (GAO) mission is to encourage citizens to walk, bike or play at least 30 minutes or more a day. GAO has influenced the adoption of active living public policies in the Downtown Transportation Plan, Streetscape Guidelines and the Design Standards Review Checklist. GAO has created cross-disciplinary connections and encouraged and/or developed the creation of community gardens, Health Impact Assessments, Healthy Workplace Awards and contributed to the development of a local food council (Good Food Central Florida).

City of Ormond Beach:

- The City of Ormond Beach promotes mixed land uses through various policies in its comprehensive plan.
- City supports and promotes physical activity by ensuring that parks and recreational facilities are located in areas that allow for the greatest access for communities.
- The City also implements an annual Mayor's Health and Fitness Challenge that promotes health and wellness in the City.

City of Oviedo:

- The City offers a wellness program to its employees and family members. The program provides customized educational materials that take into account participants' learning styles, education levels, and readiness to adopt health behavior changes.
- The City's Recreation and Parks Department offers a series of programs throughout the year to promote physical activity to residents. During the months of June, July and August, the City offers a variety of summer camps in different locations. Additionally, the City offers climbing, fitness, skating and other recreational activities.
- The City implements a "Re-think Your Commute" program that coordinates commuter options in Central Florida. Its services include ride matching for carpooling, vanpooling, telecommuting, and employer outreach.

City of Palm Coast:

- The City has a robust system of park facilities that is continuously being improved and maintained through its capital improvement plan. The City currently has 17 developed park and recreation facilities. All of the City's recreational facilities provide active elements for users of all ages ranging from playgrounds to ball fields, basketball courts, walking trails, tennis courts, fishing piers and kayak launches.
- The City coordinates a running series that is open to all participants regardless of their ability as a runner.
- The City has a public community garden at the community center that is fully utilized and has a waiting list. A second site is under consideration in the southwest part of Palm Coast.

City of Panama City:

- The City of Panama City started a wellness program for employees that includes an annual health screening, walking programs and lunch & learns to educate employees on ways to live a healthier lifestyle.

City of Pensacola:

- The City implements a "Penny for Progress Sidewalk Plan" each fiscal year. This plan addresses sidewalk improvements, pavement management and other neighborhood initiatives.
- The City maintains 93 parks and 61 playgrounds. More than 90% of their parks have active facilities, (i.e. ball fields and playgrounds).
- The most popular farmer's market in the City of Pensacola occurs weekly throughout the entire year and twice a week during the busy growing season. The market is located in the City's urban core and is available to all residents.

#### City of Perry:

- The City built an award-winning farmer's market pavilion with ample parking and sidewalk access system. It is marketed through the "MainStreet Perry" organization as well as on City signage and social media outlets.
- The City has developed walking "trails" using existing sidewalk systems and installing signage along those "trails" to encourage use.
- Street lights are maintained throughout the City, at virtually every corner and then within 300 feet of another street light.

#### City of Pinellas Park:

- The City hosts a "Community gARTen" that combines the worlds of art and gardening. The garden plots are made of recycled materials and are decorated and maintained by citizens.
- There are several pedestrian trails located throughout Pinellas Park. These trails are located in Helen Howarth, Freedom Lake, and Sparkle Lake Parks.
- All of City's 17 public parks offer opportunities for physical fitness.
- The Open Recreation Program at Forbes and Broderick Recreation Centers offer children's cooking classes that promote healthy meal planning and cooking skills. Both centers also participate in Pinellas County Schools' summer lunch program, which provides healthy lunches to camp participants and to the public when school is not in session.

#### City of Plantation:

- The City has built and maintains nearly 15 miles of recreational trails that connect shopping centers, post offices, restaurants, and other business to residential neighborhoods.
- The City has built 32 covered bus stops to encourage public transportation usage.
- The City hosts a farmer's market at Plantation Volunteer Park. It is adjacent to an equestrian center and is near one of the largest outlet malls in Florida.
- Every two years, the City holds a Senior Expo, open to all Plantation residents. Professionals and vendors are on hand to answer medical, financial, retirement, recreation and nutrition questions. The event is free: participants can enjoy free entertainment & seminars, refreshments and lunch.

#### City of Port St. Joe:

- The City provides free public transportation to and from the local farmer's market.
- The City is installing an exercise fit-trail along one of its most accessed park locations.

#### City of Safety Harbor:

- Safety Harbor's Bayshore Linear Trail extends approximately one mile along the Tampa Bay coastline. The multi-use trail provides connectivity from Downtown Safety Harbor to Ream Wilson Trail, an east-west trail in the City of Clearwater.
- The City operates and maintains 16 recreational facilities on more than 95 acres of parkland. These recreational facilities include parks, community centers and a cultural facility (history museum). A county regional park and a public middle school provide open space and recreational facilities that are accessible to Safety Harbor residents. The majority of city recreational facilities offer active play areas.
- The City participates in the "Let's Move" campaign, the Playful City program, has been named one of the top five Running Cities in America by the American Road Runners Association.



City of Sanford:

- The City hosts community garden with the help of over 40 volunteer residents. The garden is open to those 18 years of age and older who live in Sanford, work in Sanford, own a business in Sanford, or use Sanford utilities.
- The City successfully applied for technical assistance from Smart Growth America to participate in the “Using Leadership in Energy and Environmental Design-Neighborhood Development (LEED-ND) to accelerate the development of sustainable communities” workshop.

City of St. Cloud:

- The City sponsors fitness boot camps and other challenges for City employees through its wellness program. In addition, the Police Department has fitness equipment that the employees may use.
- The City has made it a goal to extend their trail network. All plan use developments are required to provide connectivity to existing trails.

City of Tallahassee:

- Bicycle lanes are required for new roadways within the Multimodal Transportation District (MMTD). The MMTD is an 18.2 square mile area that supports bicycling, walking and public transportation in the downtown urban core which is the central city area of Tallahassee.
- The Greenways Master Plan proposes a network of multiuse trails coordinated with the local bicycle route network that is designed to connect greenways, parks, residential and commercial areas.
- The City has an ongoing list of sidewalk projects to connect existing sidewalks, fill in gaps within existing sidewalks, add pedestrian friendly connections and construct sidewalks in other areas to make them pedestrian-friendly.
- The Tallahassee Police Department (TPD) attends Neighborhood Crime Watch meetings for more than 60 neighborhoods in the community. TPD has conducted numerous “Crime Prevention Through Environmental Design (CPTED)” surveys in the community in an effort to make businesses and residences safer, by suggesting enhanced lighting, aggressive vegetation and other landscaping concepts.
- The City’s community garden program helps provide equitable access to food, as well as allowing farmer’s markets in low income/low access areas. In addition, the City is designing a larger farmers’ market in the downtown area to be built on publicly-owned property.

City of Tampa:

- The City’s Complete Streets Resolution considers sidewalk space for pedestrians, bicycle lanes and routes, appropriately sized travel lanes for cars, trucks, delivery vehicles and emergency vehicles; transit vehicles, facilities and routes; on-street parking where applicable; median use for traffic flow and pedestrian refuge; adequate buffer areas for pedestrian safety, utility placement, drainage; landscaping ; and existing and anticipated future land use context or a roadway or corridor.
- The City maintains and operates over 3,500 acres of park land, with more than 170 parks, 23 community centers, 14 aquatic facilities, and over 60 miles of multi-purpose trails. Over 90% of their parks and facilities feature amenities to suit all interests including athletic fields, playgrounds, performance and event spaces and marine and waterfront areas.
- The installation of a bicycle share system is underway. The first phase includes 300 bicycles and 30 stations.

- The City provided funding for roundabouts, speed humps, pedestrian refuge islands, and radar feedback signs to improve pedestrian safety.
- The City employs a health and wellness specialist to promote, support and educate staff about healthy lifestyle choices.

#### City of West Miami:

- The City's recreation center provides for year-round physical activity (soccer programs for youth, tee-ball, baseball, basketball and tennis).
- The City has a dedicated source of funding to ensure safe sidewalks, clean streets, crosswalks with ADA-compliant ramps and proper lighting for pedestrians.
- The City operates a citywide loop bus service that connects with Miami-Dade County Transit stops.

#### City of Weston:

- Weston maintains 83 linear miles of sidewalks that provide walking routes throughout the city. The City Public Works Department has a year-round sidewalk inspection and repair program. Thousands of children walk or bike to school in Weston each day due to sidewalk access routes from their community to their school.
- The City was awarded the Bicycle Friendly Community designation for its commitment to improving conditions for bicycling through investment in cycling promotion, education programs, infrastructure and policies.
- The City, with several community partners including the YMCA and Rotary Club of Weston, sponsors the GET FIT WESTON initiative, designed to actively engage all residents, business owners and employees within the city limits. The initiative teaches families and children how to adopt healthier lifestyles and habits and provides partial access to participating fitness facilities; online fitness and wellness tips and free educational workshops.

#### City of Winter Haven:

- The City opened the Chain of Lakes Trail Ave T Pedestrian Bridge, which makes the Chain of Lakes Trail and overall trail network much more accessible and safe. The bridge is the first trail bridge in Polk County.
- The City and partner organizations work together to promote a farmer's market in the downtown area.
- On the first Saturday of each month, the City highlights a local gym. The highlighted gym provides an instructor to lead a free workout for citizens in the downtown area.
- The City owns a fleet of kayaks and hosts tours and eco tours of local lakes and rivers. The kayak trips are open to any group in the community for little or no costs.

#### City of Winter Park:

- The City's Parks and Recreation Department manages and maintains 335.55 acres of designated parkland. As a nationally accredited agency, the parks department meets and/or exceeds established best practices for the care and maintenance of all properties. The department gained CAPRA Accreditation in 2010 and is in the process of reaccreditation for 2014.
- A bicycle valet program is in place for all special events. This encourages attendees to ride their bicycles to city events and it gives them a place to check in their bikes while visiting the event and all of the shops and restaurants downtown.

- A Pedestrian and Bicycle Circulation Plan includes the installation of bicycle racks at all city parks and facilities, converting pedestrian signals to countdown and adding them in specified areas where there were none, adding emphasized crosswalks throughout the city and adding ADA ramps at pedestrian crosswalks.
- Winter Park manages a Saturday Farmers Market that has been designated Central Florida's Best for the last 12 years. The market celebrated its 35th anniversary in 2014 and has become one of the most beloved programs in the city. The community garden located in Mead Botanical Garden was developed as a teaching classroom garden to promote the establishment of neighborhood community gardens throughout the city.
- Winter Park's Parks and Recreation Department has implemented the "Whoa, Slow, Go" Healthy Eating Program in all vending machines including those in break rooms accessible only to staff. All vending machines are stocked by staff which allows complete oversight of food choices. All vending machines feature informational signage on the "whoa, slow, go" selections and each item is marked accordingly.

#### Collier County:

- Collier County has approximately 193 miles of sidewalks and this number increases annually.
- The County has a robust maintenance and repair program that carefully prioritizes potential hazards and aggressively takes prompt corrective action
- Two of the better known mixed-use developments in Collier County are Mercato and BayFront. Both are upscale mixed-use communities that combine retail shopping, grocery accommodations, movie theaters, numerous restaurants and residential units. For residents and visitors, everything is within walking distance.
- In 2014, Collier County's public transportation system (CAT) received statewide recognition as the "Outstanding System of the Year" from the Florida Public Transportation Association.
- Hot Summer Nights is another program/event sponsored by the Collier County Sheriff's Office. Its purpose is to mix fun activities with water safety awareness for kids of varying ages.
- Collier County Government has a wellness program that incentivizes healthy choices for its employees. One core component of the program is the promotion of physical fitness. The County offers a wide variety of exercise classes on a regular basis at convenient times and locations for its employees. Also, discounted gym memberships are available for all County employees.

#### Columbia County:

- The Columbia County Landscapes and Parks Department maintains trails within the community, and are in the process of relocating and upgrading exercise stations within some trails.
- The County Comprehensive Plan provides language requiring additional right of way to be established when possible for the addition of sidewalks and paths during roadway redevelopment.

#### Gulf County:

- An agreement has been made with Gulf County Transportation to provide free public transportation to and from the local farmer's market. This initiative will begin during the next farmer's market season, scheduled 2015.

#### Hamilton County:

- The county government works in cooperation with the Florida Department of Environmental Protection, Division of Parks and Recreation to provide well-maintained bike lanes along secondary roads throughout the county, which is the headquarters of the Florida Bicycle Association.
- The Department of Health, supports breastfeeding in public places as a part of their Community Health Improvement Plan.
- The Department of Health sponsors a “Food for Thought” series serves to assist a larger percentage of the population in adopting healthier lifestyles and choices.
- The County maintains an extensive recreational facility for youth and adults and provides funding for the maintenance of grounds, tracks, and other recreational facilities.

#### Hendry County:

- In 2014 the Florida Walks 2K initiative for county commissioners and their staff involved 26 participants. Hendry County finished in 7th place out of 67 Florida Counties.
- The *Healthier Me Hendry 2014* set a community-wide goal to lose 2,014 pounds in the year 2014. The coalition was successful in meeting this challenge.
- The school district changed the school breakfast and lunch menus in accordance with the National Child Nutrition and Florida School Nutrition Association guidelines to promote optimal health for students in Hendry County.

#### Hillsborough County:

- The County’s Metropolitan Planning Organization (MPO) works with neighboring counties to incrementally create a regional system of multi-use trails. In recent years their work has focused on feasibility studies of specific corridors to fill gaps in the network.
- The MPO uses a “latent demand” methodology for identifying high-priority connections where people would be likely to bicycle if safe facilities were available. These plans have led to many bike lanes and paved shoulders which are maintained by Hillsborough County and the Cities of Tampa and Temple Terrace.
- In 2014, for the first time, the MPO set aside funds in its long range transportation plan specifically for implementing crash reduction treatments. This action was taken to help reduce the County’s high pedestrian and bicycle crash rates and high overall traffic fatality rate.
- Community Redevelopment Areas within the County support redevelopment activities that will bring additional services like supermarkets to underserved neighborhoods.

#### Indian River County:

- Most residents live within ½ mile of a bus stop. Additionally, almost every supermarket in the County is served by a public transportation stop.
- Bike lanes and sidewalks are incorporated into all new roadway and roadway widening projects.

#### Jefferson County:

- All parks in the County provide active facilities.
- Speed bumps and triangles at the courthouse crosswalks, signage and bike shoulders have been adopted.
- The County is installing a seven-mile mountain bike loop into unused land.
- The County supports a community garden and farmshare program.

#### Liberty County:

- The Department of Health collaborates with the FaithHealthEdEcon (FHEE) Wellness Initiative of Calhoun-Liberty to develop community gardens and provide opportunities for residents to receive Master Gardener Certifications.
- The Florida Department of Health in Calhoun and Liberty Counties facilitates a community-wide 12 week fitness and weight-loss challenge called FLASH (Fit Lifestyle Active Strong Healthy). This challenge provides activities four days each week to encourage physical activities and healthy lifestyles. Activities provided include tai chi, Zumba, strength training, line dancing, running and walking.

#### Marion County:

- Marion County Parks and Recreation manages more than 2,400 acres of both county-owned and leased land, more than 200 acres of athletic turf and 49 park facilities.
- The County Board of Commissioners “Health Happens: Wellness Program” continues to promote physical activity initiatives for employees, employee spouses, employee dependents and the community.
- The County recently completed the first phase of a multi-phase project to include clay walking trails, concrete sidewalks, outdoor fitness stations, stretching stations, rest stations and water stations.

#### Nassau County:

- The Sheriff’s Office created five Community Advisory Teams (one in each district) to involve citizens in crime prevention and to advise the Sheriff’s Office on community concerns regarding crime.
- The County Extension Office organizes the “Walk with Me” health initiative where master food and nutrition volunteers meet weekly with any community members who wish to increase their physical activity. Participants are provided with walking tips and are encouraged to walk for 50 minutes.
- The newly constructed Amelia Island Trail connects residents to farmer’s markets and roadside produce vendors.

#### Polk County:

- Polk County adopted complete streets guidelines into its Comprehensive Plan and is developing land development regulations to support these guiding policies. In addition, the County coordinated with its 17 incorporated municipalities to commit to a complete streets approach to new development. This was accomplished by way of a resolution signed by all 17 incorporated municipalities.
- Polk County Parks and Recreation operates and maintains 32 park sites and 11 mini-parks, which include athletic facilities, picnic areas, a historical park, and three campgrounds. It also maintains 40 boat launching sites, produces special events, and conducts a summer program.
- The County provides support for transit usage and advocacy and helps to secure numerous sporting events throughout the year (including Ironman 70.3 Florida).
- The County Wellness Advocacy program coordinators revised the list of vendor choices and removed over a dozen high sugar, high fat, high calorie food choices and replaced them with snacks with lower sugar, lower fat, and higher protein.

Putnam County:

- Putnam County has increased efforts to promote a healthy and active lifestyle by continuing their trails development program which will link Putnam County to five surrounding counties and associated multi-purpose trails (paths).
- In collaboration with the local extension program there are two community gardens in schools and one at the Edgar Johnson Senior Center.
- The Department of Health promotes an active breast feeding, peer counseling classes for all moms who give birth at the local hospital, Putnam Community Medical Center.

Sarasota County:

- The Sarasota County Area Transit (SCAT) planning process ensures that transportation is provided and accessible to key areas such as shopping centers, grocery stores, health care, and entertainment venues.
- Through the University of Florida/IFAS Extension, Sarasota County administers several community gardens. There are multiple community gardens located in parks and schools.
- In May 2013, a “Food Summit” was held in North Sarasota county addressing access to healthy foods. As a follow-up to this event, our community health educator consultant, in conjunction with the Newtown Community Health Action Team (CHAT,) hosted the North Sarasota “Growing Healthy Communities” Symposium.
- Through the Healthy Sarasota County Child Care initiative, child care centers are encouraged to play a role in the improvement of the health and wellness of children in their care. The Healthy Sarasota County Child Care initiative aligns with the national “Let's Move” Child Care initiative, and 5-2-1-0 messaging.

St. Johns County:

- St. Johns County Recreation and Parks Department has 50 full time employees who maintain recreation sites as well as 13 boats ramps, trails, beach accesses, specialty parks such as skate parks and dog parks, and medians and right of ways.
- St. Johns County partners with the Sunshine Bus Company, the Council on Aging, and Arc to provide residents of all ages and abilities with a variety of public transportation options, typically situated within reasonable walking distance from most residential communities.
- Efforts by the County to support and promote physical activity include the availability of seasonal adult and youth sports leagues and clinics, outdoor gardening classes, professionally guided nature expeditions, and award winning recreational facilities and beaches equipped with multi-use sports courts, skate parks, boat ramps, kayak launch points, and walking and biking trails.
- The St. Johns County Agricultural Center hosts more than 60 individual community gardens. In addition, an array of farmers markets and community gardens in St. Johns County are hosted in publicly operated and owned facilities These venues are often offered free of charge or for a minimal rental fee used to meet cleanup and/or security fees.

City of Pembroke Pines

- The City offers a broad range of daytime and evening physical activity and nutrition classes at the community center.

Town of Penney Farms:

- The Town's Comprehensive Plan promotes compact mixed use developments that encourage walking and biking.
- The community has a program to inspect sidewalks on a regular basis. Grants are currently being sought to replace all the sidewalks in the entire community and add sidewalks in the few areas where there are none.
- The Town supports a resident volunteer group, the Volunteers in Police Service (VIPS), that assists the Sheriff's Department by patrolling the community.

Town of Pomona Park:

- The Town maintains a network of recreational facilities including a beach park, ball park, volleyball and tennis courts, and exercise and playground equipment.
- To improve pedestrian safety, the Town sponsors an active Neighborhood Watch program, and ensures that street lights are available throughout town.

Town of Ponce Inlet:

- The Town adopted amendments to its development requirements to allow vegetable gardens in front yards and fruit trees to count toward meeting minimum landscaping requirements.
- The month-long "Shape Up Ponce Inlet" has become an annual program held in November. This event provides varied activities at the beach and in each of the Town's parks and is open to residents of all ages.

Town of White Springs:

- White Springs maintains a playground park for children – the Willie Guy Turner Park – which includes tennis courts and a ball field for children and adults. Approximately 90% of the parks provide active facilities.
- The Department of Transportation has awarded the Town a major enhancement project for historical signage.
- The Town offers an eight-week Summer Enrichment Program for K-12 children, which is called Project Hope. This features daily physical activities, which includes Junior Ranger Activities in association with the Department of Environmental Protection.

Wakulla County:

- Through the University of Florida/ IFAS Extension program the County offers a master gardening program and maintains a community garden.