



Guidance & Resources

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I. Program Overview

The Florida Department of Health wants to recognize communities taking a [Health in All Policies](#) approach to comprehensive planning. Health in All Policies is a collaborative approach to improving health by incorporating health considerations into decision-making across sectors and policy areas. By implementing recommended policies, local governments can promote community environments where the healthy choice is the easier choice.

Share your story and best practices for a chance to be recognized and receive technical assistance in advancing your efforts! Selected communities will be featured on the Florida Department of Health website.

Background

Obesity in the United States has reached epidemic proportions, and its impacts on overall health are staggering. Obesity increases the risk for many serious health conditions, including heart disease, stroke, high blood pressure, type 2 diabetes and cancer. Associated chronic diseases in turn take a heavy economic toll on communities and individuals, especially where availability and access to healthy foods and healthy spaces for physical activity are severely limited.

In Florida, only 34.5% of adults are at a healthy weight. To address this issue, the Florida Department of Health created the Healthiest Weight Florida initiative and, four years ago, the Healthy Weight Community Champion Recognition Program. Thanks to its overwhelming success, the initiative has expanded to become the new Healthy Community Champion Recognition Program.

The program recognizes communities taking a Health in All Policies approach to comprehensive planning, and provides a platform to share accomplishments, best practices, and lessons learned. [Health in All Policies](#), as defined by the Centers for Disease Control and Prevention, is a collaborative approach that integrates and articulates health considerations into policymaking across sectors to improve public health.

Local governments can play a pivotal role in improving public health by implementing policies and practices that have been shown to increase physical activity and improve nutrition. These “best practice” policies are reflected in the submission form.

The Healthy Community Champions Recognition is a two-year designation, with opportunities to receive technical assistance to further adoption and implementation of local programs. State partners include the Florida Department of Transportation, Department of Economic Opportunity, Department of Environmental Protection, and others.

Eligibility:

Florida municipalities (cities, towns and villages, and counties) are eligible to apply. **Submissions must be made by a municipal or county official or designee.** Unincorporated areas may submit under the sponsorship of the county in which they are located.

Timeline:

February 12, 2018: Submission Window Opens
April 30, 2018: Submission Window Closes
June 11, 2018: Best Practices Posted and Communities Recognized

II. How to Submit

1. Visit [FDOH | Healthy Community Champions](#) to access the application.
2. Complete the form online and submit it when finished. Your submission will then be available for download.
 - Use this guidance to preview the application and plan your responses.
 - Only one application per jurisdiction may be submitted; submissions must be made by a municipal or county official or designated employee.
 - **Saving the application:** Your responses will be automatically saved in the application, but you must use the same computer and internet browser each time you work on the application. Do not click “Submit” until you are completely finished. Once you click the “Submit” button, you will be unable to change your responses or regain access to the electronic application. After submitting, you will have the option to download a pdf file of your responses.
 - **Moving within the application:** You will be able to move back and forth within the application by using the “back” and “next” buttons at the bottom of the window. Do not use the “back” and “forward arrows in your browser as that will result in lost responses.
 - A sample community proclamation is included at the end of this document but it is not required in your application.

Click [here](#) for additional resources and links.

ⁱ Florida CHARTS (2014) “Florida’s Healthiest Weight Profile” from http://www.flhealthcharts.com/Charts/documents/2014_HealthiestWeightProfile.pdf

ⁱⁱ Centers for Disease Control and Prevention (2014) “Physical Activity and Health” from <https://www.cdc.gov/physicalactivity/basics/pa-health/index.html>

III. Healthy Community Champions (HCP) Recognition Program Application Form

Use this “sample application” form to organize responses in preparation for submitting your online application. All asterisked (*) items require a response.

1. Jurisdiction Name*
2. Contact Name*
3. Contact Information for Individual Submitting the Application Form*

Applicants are required to complete the first three sections of the submission form, *plus one additional section of their choosing*.

- Narrative response (maximum 2 pages/750 words)*
- Physical Activity – questions related to best practices*
- Food access/Nutrition – questions related to best practices*
- One additional best practices policy section of your choice also must be completed. Choose from one of the following best practices sections: Community Preparedness, Employee Wellness, Community Outreach and Engagement, Leadership and Innovation, Other Awards & Recognition, Health Promotion & Continuous Improvement.*

Completion of additional best practice sections is **optional**.

Click [here](#) for additional resources and links.

Application sections and questions, for reference only. Please complete the application online.

Narrative response [Required]

How does your community demonstrate a [Health in All Policies](#) approach to comprehensive planning?

Include specific examples and highlights of community initiatives/projects focused on health in the built environment, emphasizing policies and best practices designed to increase physical activity and improve nutrition/access to healthy foods.

Upload your response as a PDF attachment (MAX: 2 pages/750 words), or answer the narrative section here.

Upload PDF

Physical Activity – Best Practice Questions

1. Does your jurisdiction have a community and/or roadway design-related policy work group(s) that includes input from the local county health department, local emergency services, school district, community leaders, businesses, and community organizations (including faith-based organizations and those representing low income or under-served populations and persons with disabilities)? If yes, provide the name of this group, list of members and affiliations, a brief description of this group’s goals and activities and a URL link to this group if applicable, no more than 300 words.

2. Does your jurisdiction have a process for engaging communities experiencing health inequities in planning efforts related to community development and transportation projects (e.g., Protocol for Assessing Community Excellence in Environmental Health (PACE EH) or Health Impact Assessments (HIA))? If yes, provide a brief description, no more than 300 words

3. Has your jurisdiction adopted a Complete Streets policy? If yes, provide a URL link to your plan and the page number(s).

4. If your jurisdiction has adopted a Complete Streets policy, has a design manual, guidelines, or handbook been created? If yes, provide a URL link.

5. If your jurisdiction does not have a Complete Streets policy in place, is it implementing street design standards that include users of all abilities and ages and are designed to slow traffic and improve safety around school zones and residential areas, including in under-served or low-income communities? Examples can be found in the Florida Complete Streets Handbook and Design Manual including road diets, narrowing road lanes, central islands, roundabouts, speed bumps, lowered speed limits, sidewalks and bus stops separated from traffic. If yes, provide a brief description, no more than 300 words.

6. Does your jurisdiction’s comprehensive plan or land development code (LDC) include a bicycle and/or pedestrian master plan? If yes, provide a URL link to your plan and the page number(s).

<p>7. Has your jurisdiction adopted an ordinance, comprehensive plan or land development code (LCD) guidance that addresses increasing access to physical activity opportunities for all persons regardless of age or physical ability, including in low income or under-served areas? <u>If yes, provide a URL link to your plan and the page number(s).</u></p>
<p>8. Does your jurisdiction require bike facilities (e.g., bike boulevards, bike lanes, bike ways, multi-use paths, bicycle lockers, bicycle racks) to be built for all <i>new and redeveloped</i> roadway and park projects? <u>If yes, provide a brief description, no more than 300 words.</u></p>
<p>9. Does your jurisdiction prioritize the support and maintenance of walking and/or biking trails or routes, including those in low income or under-served areas? This could include establishment of a program to identify and fill connection gaps and make repairs in the system of sidewalks and/or trails. <u>If yes, provide a brief description, no more than 300 words.</u></p>
<p>10. Does your jurisdiction support and maintain a network of bicycling routes that are connected and lead to destinations such as markets, commercial businesses, and residential areas, including under-served or low-income communities? This includes programs to identify potholes and other roadway hazards as well as re-pavement projects. <u>Provide a brief description, no more than 300 words.</u></p>
<p>11. Does your jurisdiction maintain a system of parks (e.g., programs to repair, maintain, and upgrade existing parks)? Please identify the number and types of parks within your jurisdiction and their proximity to low-income neighborhoods. How many provide physical activity facilities like ball fields, exercise equipment, pools and playgrounds? <u>Provide a brief description, no more than 300 words.</u></p>
<p>12. Does your jurisdiction maintain a system of open spaces such as access to trails, a body of water or a state or national park? <u>If yes, provide a brief description, no more than 300 words.</u></p>
<p>13. Does your jurisdiction's land development code (LCD) allow mixed land uses that support active transportation options? <u>If yes, provide a brief description, no more than 300 words.</u></p>
<p>14. Does your jurisdiction provide incentive programs (e.g., expedited permit processes, reduced permit fees, or tax breaks) for businesses and organizations that display physical activity promotional materials, run physical activity-related advertisements or work to provide physical activity opportunities to the community? <u>If yes, provide a brief description, no more than 300 words.</u></p>
<p>15. Does your jurisdiction provide incentive programs (e.g., expedited permit processes, reduced permit fees, or tax breaks) for businesses and organizations that include active transportation designs into new facility development or redevelopment? <u>If yes, provide a brief description, no more than 300 words.</u></p>
<p>16. Does your jurisdiction provide safe access to public transportation (e.g., bus or trolley stops and stations, community van or car pool services) within reasonable walking distance (1/2-mile radius) from most residential areas, including in under-served or low-income areas? In a rural context, this includes park and ride facilities, van pool and car pool activities. <u>If yes, provide a brief description, no more than 300 words.</u></p>
<p>17. Does your jurisdiction currently have a mobile application (for mobile devices) that displays transit schedules, routes and/or delays in service? <u>If yes, provide the URL download link.</u></p>
<p>18. Does your jurisdiction partner with any state agencies, community leaders, community programs, businesses, professional and/or collegiate sports team(s), entertainment organizations and/or affiliated persons in your community on physical activity-related events or messaging? <u>If yes, provide the name of the partner and a brief description of your work together, no more than 300 words.</u></p>

<p>19. What type of physical activity-related events does your jurisdiction conduct or promote in low income or under-served areas that also include all persons regardless of age or physical ability? <u>If yes, provide a brief description, no more than 300 words.</u></p>
<p>20. Are there any other physical activity-related events or programs in your jurisdiction you would like to specifically highlight? <u>If yes, provide a brief description, no more than 300 words.</u></p>
<p>21. Does your jurisdiction currently implement or plan to implement any other policies or programs not listed above that will promote or support safe and affordable physical activity opportunities within all communities (including low income and under-served areas) and for all persons regardless of age, ability or socioeconomic status (e.g., shared use agreement with the school district or private school(s) bicycle share programs and/or increased transportation opportunities)? <u>If yes, provide a brief description, no more than 300 words.</u></p>

Food Access/Nutrition – Best Practice Questions
<p>1. Does your jurisdiction have a food access/nutrition related policy work group(s) that includes input from the local county health department, local emergency services, school district, community leaders, businesses and community organizations (including faith-based organizations and those representing low income or under-served populations and persons with disabilities)? <u>If yes, provide the name of this group, list of members and affiliations, a brief description of this group’s goals and activities and a URL link to this group if applicable, no more than 300 words.</u></p>
<p>2. Does your jurisdiction have a designated food access/nutrition coordinator? <u>If yes, provide the first and last name, email, and phone number of the person who would be responsible for food access/nutrition.</u></p>
<p>3. Has your jurisdiction adopted strategies that limit fast-food restaurant density? <u>If yes, provide a brief description, no more than 300 words.</u></p>
<p>4. Has your jurisdiction adopted a policy to allow zoning for mobile produce cart vending or sidewalk produce vendors selling only whole, uncut fresh fruits and vegetables? This does not include restaurant type food trucks. <u>If yes, provide a URL link to your policy.</u></p>
<p>5. Has your jurisdiction adopted a policy that allows and encourages community garden initiatives (e.g., grants providing vacant lots or other public lands for use by public or private organizations, supportive zoning, etc.)? <u>If yes, provide a URL link to your policy.</u></p>
<p>6. Does your jurisdiction allow for farmers’ markets, farm/produce stands and/or mobile markets to accept federal food assistance programs (e.g., Supplemental Nutrition Assistance Program (SNAP)/Electronic Benefit Transfer (EBT), Women, Infants, and Children (WIC) and/or Fresh Access Bucks (FAB) Benefits)? <u>If yes, provide a brief description, no more than 300 words.</u></p>
<p>7. Does your jurisdiction provide any incentive programs (e.g., expedited permit processes, reduced permit fees or tax breaks) for farmers’ markets that accept Supplemental Nutrition Assistance Program (SNAP)/Electronic Benefit Transfer (EBT), Women, Infants, and Children (WIC) and/or Fresh Access Bucks (FAB) Benefits? <u>If yes, provide a brief description, no more than 300 words.</u></p>
<p>8. Does your jurisdiction maintain a network of public transportation stops, bike lanes, trails, greenways and/or sidewalks (accessible to users of all abilities and ages) that connect residents (including those in low-income or under-served areas) with opportunities that provide equitable access to easily purchase healthy, affordable and culturally appropriate foods (including food retailers, farmer’s markets and community gardens)? <u>If yes, provide a brief description, no more than 300 words.</u></p>

<p>9. Does your jurisdiction’s comprehensive plan have any current ordinance(s) that address increasing access to nutritious foods? <u>If yes, provide a URL link to your plan and the page number(s).</u></p>
<p>10. Does your jurisdiction provide incentive programs (e.g., expedited permit processes, reduced permit fees, or tax breaks) for businesses and organizations that display nutrition-related promotional materials, run nutrition-related advertisements or work to provide access to healthy foods in the community? <u>If yes, provide a brief description, no more than 300 words.</u></p>
<p>11. Does your jurisdiction provide incentive programs (e.g., expedited permit processes, reduced permit fees or tax breaks) for convenience stores/corner stores that carry fresh produce and healthy beverages? <u>If yes, provide a brief description, no more than 300 words.</u></p>
<p>12. Does your jurisdiction provide incentive programs (e.g., brownfield redevelopment or other loans or grants to cover start-up and investment costs, economic development programs, supportive zoning) for independent grocery stores, supermarkets, or other locally-owned grocery stores that currently have or plan to establish a location(s) in under-served neighborhoods? <u>If yes, provide a brief description, no more than 300 words.</u></p>
<p>13. Does your jurisdiction provide healthy food and beverage options at government office vending machines and/or at concession stands located at parks and/or recreational facilities? <u>If yes, provide a brief description, no more than 300 words.</u></p>
<p>14. Does your jurisdiction promote and support breastfeeding in public areas? <u>If yes, provide a brief description, no more than 300 words.</u></p>
<p>15. Does your jurisdiction partner with any state agencies, community leaders, community programs, businesses, professional and/or collegiate sports team(s), entertainment organizations and/or affiliated persons in your community on healthy food access or nutrition-related events or messaging? <u>If yes, provide the name of the partner and a brief description of your work together, no more than 300 words.</u></p>
<p>16. Are there any other healthy food access/nutrition-related activities in your jurisdiction that you would like to specifically highlight? <u>If yes, provide a brief description, no more than 300 words.</u></p>
<p>17. Does your jurisdiction currently implement or plan to implement any other policies or programs not listed above that will promote or support access to healthy, affordable, and culturally appropriate foods within all communities (including low income and under-served areas) and for all persons regardless of age, ability or socioeconomic status? <u>If yes, provide a brief description, no more than 300 words.</u></p>

Please complete at least one of the following sections to further highlight your best practices:

Community Preparedness, Employee Wellness, Community Outreach, Leadership & Innovation, Awards, Health Promotion and Continuous Improvement.

<p>Community Preparedness (Disaster, Emergency Response, and Infectious Outbreak) – Best Practice Questions</p>
<p>1. Does your jurisdiction have an updated evacuation plan for all communities and the school district? <u>If yes, provide a URL link to your plan and the appropriate page number(s).</u></p>
<p>2. Does your jurisdiction have a community preparedness-related policy work group(s) that includes input from the local county health department, local emergency services, school district, community leaders, businesses and community organizations (including faith-based organizations and those representing</p>

<p>low income or under-served populations and persons with disabilities)? <u>If yes, provide the name of this group, list of members and affiliations, a brief description of this group's goals and activities and a URL link to this group if applicable, no more than 300 words.</u></p>
<p>3. Does your jurisdiction's comprehensive plan or current ordinance(s) require that any jurisdiction redevelopment or new development projects be designed to include clearly marked and updated evacuation routes? <u>If yes, provide a URL link to your plan or ordinance(s) and the page number(s).</u></p>
<p>4. Does your jurisdiction's comprehensive plan or current ordinance(s) require that any jurisdiction redevelopment or new development projects (including commercial and/or residential projects) be designed with a minimum of two (2) points of entry or exit that can be used by emergency services or in the case of an evacuation? <u>If yes, provide a URL link to your plan or ordinance(s) and the page number(s).</u></p>
<p>5. Does your jurisdiction have a designated community preparedness coordinator? <u>If yes, provide the first and last name, email, and phone number of the person who would be responsible for community preparedness.</u></p>
<p>6. Does your jurisdiction's comprehensive plan or current ordinance(s) specifically require that any new commercial and/or residential development or redevelopment (including in low income and under-served areas) be designed to meet Americans with Disabilities Act (ADA) standards? <u>If yes, provide a URL link to your plan or ordinance(s) and the page number(s).</u></p>
<p>7. Does your jurisdiction have all evacuation routes clearly marked throughout all communities?</p>
<p>8. Does your jurisdiction provide and promote to the public a copy of the evacuation plan and all routes? This could include, but is not limited to, evacuation routes and plans being posted online in a downloadable version, in the phonebook, copies provided in government buildings, copies provided to law enforcement and emergency medical services for distribution in times of emergency, etc.) <u>If yes, provide a brief description of how this information is distributed to the public, no more than 300 words.</u></p>
<p>9. Was your jurisdiction's evacuation plan created in coordination with all neighboring jurisdictions to assure safe and timely movement of all persons regardless of age, physical ability or socioeconomic status?</p>
<p>10. Does your jurisdiction provide any incentive programs (e.g., expedited permit processes, reduced permit fees or tax breaks) for commercial businesses and/or retailers in the community (including those in low income and under-served areas) to carry extra supplies during hurricane season? <u>If yes, provide a brief description, no more than 300 words.</u></p>
<p>11. Does your jurisdiction provide any incentive programs (e.g., expedited permit processes, reduced permit fees or tax breaks) for commercial and/or residential development groups/companies that incorporate adequate access for emergency services and to evacuation routes into their design? <u>If yes, provide a brief description, no more than 300 words.</u></p>
<p>12. Does your jurisdiction provide or have access to mosquito control spray trucks to service all communities (including low income and under-served areas)?</p>
<p>13. Does your jurisdiction work with your county health department, emergency services, and the school district to enact policies, plans and actions towards limiting the spread of infectious diseases (e.g., mosquito borne illnesses, vaccinations, seasonal flu shots, etc.)? <u>If yes, provide a brief description, no more than 300 words.</u></p>
<p>14. Does your jurisdiction have a plan for limiting the spread of infectious diseases during a possible outbreak that includes all communities (including low income or under-served areas), all persons (regardless of age or ability), and your school district(s)? <u>If yes, provide a link to your plan and the page number(s).</u></p>

<p>15. Are there any other community preparedness-related activities in your jurisdiction that you would like to specifically highlight? <u>If yes, provide a brief description, no more than 300 words.</u></p>
<p>16. Does your jurisdiction currently implement or plan to implement any other policies or programs not listed above that will promote or support community preparedness efforts within all communities (including low income and under-served areas) and for all persons regardless of age, ability or socioeconomic status? <u>If yes, provide a brief description, no more than 300 words.</u></p>
<p>17. Has your jurisdiction reviewed evacuation plans for vulnerable populations (e.g., nursing homes)? Have the vendors been vetted to ensure they can deliver services? Has your jurisdiction considered special evacuation plans for vulnerable populations? <u>If yes, provide a brief description, no more than 300 words.</u></p>
<p>18. Has your jurisdiction reviewed Mutual Aid and Emergency fulfillment contracts? Have those plans/contracts been practiced? Have the vendors been vetted? <u>If yes, provide a brief description, no more than 300 words.</u></p>
<p>19. Do all critical agencies in your jurisdiction have a Continuity Of Operations Plan (COOP)? If so, have alternate sites been identified and prepped? <u>If yes, provide a brief description, no more than 300 words.</u></p>
<p>Employee Wellness – Best Practice Questions</p>
<p>1. Does your jurisdiction provide any incentive programs (e.g., expedited permit processes, reduced permit fees or tax breaks) for new businesses and organizations that provide health benefits to their employees (e.g., health, dental, vision, etc.)? <u>If yes, provide a brief description, no more than 300 words.</u></p>
<p>2. Does your jurisdiction provide any incentive programs (e.g., reimbursement, discounted fares or free fares) for employees to use public transit to get to work? <u>If yes, provide a brief description, no more than 300 words.</u></p>
<p>3. Does your jurisdiction currently have an employee wellness policy or plan to adopt one? <u>If yes, provide a link to your policy.</u></p>
<p>4. Does your jurisdiction have a designated employee wellness coordinator? <u>If yes, provide the first and last name, email, and phone number of the person who would be responsible for employee wellness.</u></p>
<p>5. Would your jurisdiction have an interest in establishing or improving their employee wellness program? <u>If yes, your jurisdiction will be contacted about employee wellness information, sample employee wellness policies, and/or technical assistance with your employee wellness activities.</u></p>
<p>6. Does your jurisdiction have an internal employee wellness-related work group that includes input from the county health department? <u>If yes, provide a brief description of this group’s goals and activities, no more than 300 words.</u></p>
<p>7. Does your jurisdiction offer a Centers for Disease Control and Prevention (CDC) recognized Diabetes Prevention Program to jurisdiction employees? <u>If yes, provide a brief description of this group’s goals and activities, no more than 300 words.</u></p>
<p>8. Does your jurisdiction offer physical activity breaks, walking meetings and/or any other physical activity opportunities to jurisdiction employees? <u>If yes, provide a brief description, no more than 300 words.</u></p>
<p>9. Does your jurisdiction promote the benefits of physical activity and nutrition at all government offices? <u>If yes, provide a brief description, no more than 300 words.</u></p>
<p>10. Does your jurisdiction partner with any fitness facilities, gyms, programs and/or instructors in the community for discounted rates to your employees? <u>If yes, provide a brief description, no more than 300 words.</u></p>

11. Do any jurisdiction offices have onsite exercise facilities (e.g. locker room with shower facilities, workout room and/or a workout facility), walking paths, and/or bicycle facilities (e.g. bike racks, bike lockers, bike share programs, etc.)? <u>If yes, provide a brief description, no more than 300 words.</u>
12. Do all jurisdiction offices have a room for employees to breastfeed or pump in private? <u>If yes, provide a brief description, no more than 300 words.</u>
13. Do all jurisdiction offices make appropriate breastfeeding accommodations (e.g. flexible work schedules, adequate break times, etc.) and provide appropriate breastfeeding support for staff? <u>If yes, provide a brief description, no more than 300 words.</u>
14. Are there any other employee wellness-related activities in your jurisdiction that you would like to specifically highlight? <u>If yes, provide a brief description, no more than 300 words.</u>
15. Does your jurisdiction currently implement or plan to implement any other policies or programs not listed above that promote or support employee wellness efforts among staff? <u>If yes, provide a brief description, no more than 300 words.</u>

Community Outreach and Engagement – Best Practice Questions
1. Does your jurisdiction have a community outreach and engagement-related work group(s) that includes input from the local county health department, law enforcement, fire department(s), emergency medical service(s), school district(s), community leaders, community organizations (including faith-based organizations and those representing low income or under-served populations and persons with disabilities)? <u>If yes, provide the name of this group, a brief description of this group’s goals and activities, and a URL link to this group if applicable, no more than 300 words.</u>
2. Does your jurisdiction have a designated community outreach and engagement coordinator? <u>If yes, provide the first and last name, email, and phone number of the person who would be responsible for community outreach and engagement.</u>
3. Does your jurisdiction have any incentive programs or provide public recognition for efforts of businesses and organizations that provide low cost or free community services (e.g. transportation services, lawn or home maintenance for elderly or persons with disabilities, health and/or hearing screenings, etc.) <u>If yes, provide a brief description, no more than 300 words.</u>
4. Does your jurisdiction conduct any health-related events for the community (e.g., health fairs, fitness fairs, Ciclovias, Open Streets events, etc.)? <u>If yes, provide a brief description, no more than 300 words.</u>
5. Does your jurisdiction provide healthy food and beverage options at jurisdiction-sponsored events? <u>If yes, provide a brief description, no more than 300 words.</u>
6. Does your jurisdiction work with local law enforcement and emergency medical services to promote neighborhood watch associations in all communities including low income and under-served areas that are accessible and include input from all persons regardless of ability? <u>Provide a brief description, no more than 300 words.</u>
7. Are there any other community outreach and engagement-related activities in your jurisdiction that you would like to specifically highlight? <u>If yes, provide a brief description, no more than 300 words.</u>
8. Does your jurisdiction currently implement or plan to implement any other policies, programs or initiatives not listed above that promote or support community outreach and engagement? <u>If yes, provide a brief description, no more than 300 words.</u>

Leadership and Innovation - Best Practice Questions

1. Does your jurisdiction participate in any of the following?

[FDOH: School Health Advisory Committee \(SHAC\)](#)

[Community Health Improvement Plan](#) (Click [here](#) to find your county health department and your local plan)

[FDOH: Mobilizing Action through Planning Partnerships \(MAPP\)](#)

[PHIT America: Mayor’s Fitness Challenge](#)

2. Adopted a resolution or proclamation related to the Active Transportation Community Recognition. If yes, upload here.

(Click [here](#) to see an example of a resolution or proclamation.)

[Smart Growth America: Local Leaders Council](#)

[Smart Growth America: Rural Leaders Network](#)

[Smart Growth America’s Rural Development Program](#)

3. Adoption, planning to adopt, or planning to update a Health Element (Health and Design Element, Community Health Element, Livability Element, etc.) in your Comprehensive Plan? If yes, please provide a link to your plan and the page number(s) or enter N/A for “No action at this time.”

Other Awards, Recognitions & Designations - Best Practice Questions

1. Does the jurisdiction have or participate in any of the following?

[Robert Wood Johnson Foundation: Culture of Health Prize](#)

[Transportation for America: Smart Cities Challenge](#)

[Recognized on the Smart Growth America Policy Atlas](#)

[Walk Friendly Community Designation](#)

[Bicycle Friendly Community Designation](#)

[American Planning Association: Project Awards Program and Chapter Leadership Award](#)

[AARP Age-Friendly Community](#)

[LEED Certified Buildings or Neighborhoods](#)

[Alliance for Healthy Cities Recognition Award](#)

[STAR Community for Sustainability Rating](#)

[Gold Medal for Excellence in Parks](#)

[Florida Breastfeeding Coalition Quest for Quality Maternity Care Award](#)

[Baby-Friendly Hospital Initiative](#)

[Recognition of Child Care / Early Care and Education Centers for meeting Physical Activity and Nutrition Standards](#) (Nemours Let’s Move Childcare Program)

[Healthier U.S. Schools Challenge: Smarter Lunchrooms](#)

Healthy School District Award
Completed the CDC Worksite Health Scorecard
Promote the Million Heart Campaign
American Diabetes Association recognized or American Association of Diabetes Educators Accredited Diabetes Self-Management Education Programs? (Click here to find any Recognized Education Programs in your area.)
CDC recognized Diabetes Prevention Lifestyle Change Programs? (Click here to find any Recognized Organizations in your area.)
Florida Department of Transportation: Safe Routes to Schools
National Center for Safe Routes to School
2. Has your jurisdiction received any other award, recognition, or designation related to increased physical activity and improved nutrition? Please list them in this section with a brief description, no more than 300 words.

Health Promotion and Continuous Improvement
1. Identify at least one (1) activity, program or policy you will be or would like to be working on within the next year. It can be an activity, program, or policy discussed in the submission form or something of your choosing, no more than 150 words.

IV. Resources and Links

Complete Streets

- ChangeLab Solutions: [What are Complete Streets?](#) and [A Model Complete Streets Resolution for Local Governments](#)
- Public Health Law Center: [Active Living](#)
- Smart Growth America: [Policy Elements](#)
- Broward MPO: [Complete Streets Guidelines](#)
- AARP: [Evaluating Complete Streets Projects](#), and [Complete Streets in the Southeast: A Tool Kit](#)

Email List Serves

- Smart Growth America: [Email Sign-up](#)
- ChangeLab Solutions: [Email Sign-Up](#)
- Human Impact Partners: [Email Sign-up](#) (Email sign bottom of page)

Florida Public Health Statistics and Community Health and Planning Data

- Florida Department of Health: [Florida Charts](#)
- Florida Department of Health: [Florida Environmental Public Health Tracking Program](#)
- U.S. Department of Transportation: [Transportation and Health Tool](#)

Food Access/Nutrition

- ChangeLab Solutions: [Economic Development Resources to Improve Food Access to Healthy Food](#)
- Public Health Library Resources: [Access to Healthy Affordable Food](#)
- USDA: [Healthy Corner Stores](#)
- CDC: [Implementing Food Service Guidelines](#)
- Florida Organic Growers: [Fresh Access Bucks](#)

Healthy Equity

- CDC: [A Practitioner's Guide for Advancing Health Equity: Community Strategies for Preventing Chronic Disease](#)
- CDC: [Partnerships to Improve Community Health \(PICH\) improves the health and wellness of all Americans](#)
- CDC: [Racial and Ethnic Approaches to Community Health](#)
- CDC: [Tools for Putting Social Determinants of Health into Action](#)

Health Impact Assessment (HIA)

- Human Impact Partners: [New to Health Impact Assessment](#)
- Design for Health: [HIA Rapid Assessment](#)
- CDC: [Health Impact Assessment Resources](#)
- CDC: [Protocol for Assessing Community Excellence in Environmental Health](#)
- Florida Department of Health: [PACE-EH](#)

Health in All Policies (HiAP) and Health in Comprehensive Plans

- CDC: [Health in All Policies](#)
- ChangeLab Solutions: [Healthy Comprehensive Plan Assessment Tool](#)
- Polk County: [Comprehensive Plan](#)

Rural Development

- Florida Department of Health: [Office of Rural Health](#)
- Smart Growth America: [Rural Development](#)

Trainings

- American Planning Association: [Planning for Healthy Places with Health Impact Assessments](#)
- Smart Growth America: [Training and Educational Opportunities](#)
- Smart Growth America: [Complete Streets Implementation and Design \(Webinar\)](#)

- Smart Growth America: [Webinars Page](#)

Walkability and Bikeability

- ChangeLab Solutions: [Making a Place for Bicycles](#)
- CDC: [The Built Environment an Assessment Tool and Manual](#)
- Walkable America: [Checklist Walkability](#)
- Walk Friendly Communities: [Assessment](#)
- League of American Bicyclists: [Bicycle Friendly Communities](#)
- League of American Bicyclists: [Bicycle Friendly Universities](#)
- League of American Bicyclists: [Bicycle Friendly Businesses](#)

V. Sample Proclamation/Resolution Language (Optional)

NOTE: In previous years a Healthy Weight proclamation/resolution was required. This is now optional.

RESOLUTION

A RESOLUTION SUPPORTING HEALTHY COMMUNITY CHAMPIONS.

WHEREAS, NAME OF CITY/COUNTY supports policies that focus on healthy weight, health and wellness, and healthier lifestyles in all communities; and

WHEREAS, the Florida Department of Health has launched a healthy weight campaign known as "Healthiest Weight Florida", a public-private collaboration to help Florida's children and adults make informed, consistent choices about healthy eating and active living; this program has been embraced by individuals and businesses in many cities, counties, and communities; and

WHEREAS, the Florida Department of Health has launched the 2018 Healthy Community Champions Recognition Program to recognize local governments and active municipalities (cities, towns and villages) and counties that implement policies to help people become more physically active and improve nutrition; Best practice policies implemented by communities will be recognized in June 2018.

WHEREAS, poor nutritional choices and a lack of physical activity are linked to overweight and obesity which increase the risk of diabetes, cancer, heart disease, liver disease, hypertension and other health conditions; and

WHEREAS, CITY/COUNTY officials believe there are important, long-term community benefits to be gained by encouraging healthy lifestyles, including a decrease in overweight and obesity in Florida's adults and children and the associated negative health related impacts; and

WHEREAS, community partners can work together to ensure that there are safe places for residents to be active, such as in parks, ball fields, pools, gyms, and recreation centers; and

WHEREAS, access to healthy foods has a direct impact on the overall health of our community and planning for fresh food, open space, sidewalks, and parks should be a priority.

NOW, THEREFORE, BE IT RESOLVED THAT THE [MAYOR, CITY COUNCIL, COUNTY COMMISSION] challenge all local governments, businesses, students, parents and residents to participate in the Healthy Community Champions campaigns to foster healthy weight and improve overall health, improve job and school performance and decrease work and school absenteeism.

Signed this ___ day of _____, 2018.